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ARCHBISHOP TUTU GUEST AT CHURCH



Archbishop Desmond Tutu (also pictured right) enjoyed meeting local children at the festival service in Eastrys village church

■ BY NICK AMES

ARCHBISHOP Desmond Tutu was special guest at a service held in Eastrys village church.

The event commemorated the ruby wedding of Tilmaston residents Sally and David Williams as well as being a festival service for the village itself.

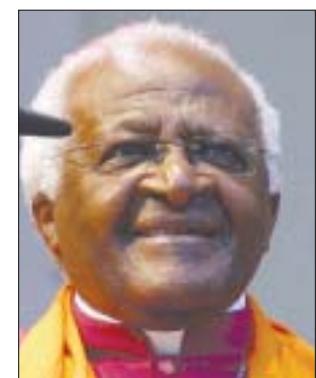
The winner of the 1984 Nobel Peace Prize, who is also the first black head of the Anglican Church in South Africa, invited children in the congregation to give him 'high fives'.

In his address he spoke of the inspiration of Nelson Mandela, who was appointed president of his country after the end of apartheid.

Archbishop Tutu and his wife Leah were guests of the Williams family.

He has known Sally for a long time – she is a trustee of his UK Foundation, which helps improve people's lives by building tolerance and understanding among communities.

Also sharing the pulpit was the Dean of Canterbury the Very Reverend Robert Willis, whose sermon Archbishop Tutu called on the audience to applaud.



Mr Williams said: "My wife was just 12 or 13 years old when she was a parishioner at St Albans Church in Golders Green.

"Desmond Tutu was training as a curate there and they kept in touch. When we had the idea of celebrating our 40th anniversary, we invited him and his wife over for the service.

"He stayed with us and thoroughly enjoyed himself.

"He is a very personable, likeable individual and everyone in the village congregation was keen to meet him.

"He is particularly fond of children and that really came across in

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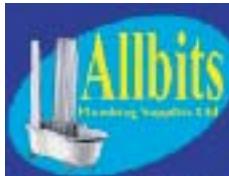
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GROUP EDITOR: Gary Wright 01303 817032

EDITOR: Dave Mairs 01303 817022

WEBSITE: www.yoursandwich.co.uk

TELEPHONE ADVERTISING: 01303 817110

FAX: (Advertising) 01303 817002

EMAIL: Editorial: dave.mairs@kosmedia.co.uk. Sales: advertising@kosmedia.co.uk

HEAD OFFICE ADDRESS: Apple Barn, Hythe Road, Smeeth, Ashford, Kent TN25 6SR

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Travellers set their sites on more pitches

■ BY NICK AMES

A BIG increase in the number of traveller and caravan sites has been recommended across the district.

A consultation document under review recommends that 23 new pitches be made available, each able to accommodate between two or three caravans.

It also calls for two larger areas to be made available for travelling fairground people.

The document states that these should be in place by 2016. It covers the entire area run by Dover District Council, which currently has an estimated 47 existing sites for travellers.

The South East England Partnership Board has been collating the information supplied in the main by local authorities.

When the consultation period began in September, Dover District Council supported an option which called for just six more pitches.

A spokesman for the Partnership Board said: "The calculations are based on figures concerning demand.

"They take into account the existing number of sites and their usage as well as the number of illegal encampments in any one area.

"Predictions about the rise in numbers of travellers are also taken into account.

"When these were all put together the figure of 23 was arrived at for the entire district council administrative area.

"We do not break this down place by place – the whole strategy is calculated on a local authority area basis.

"Along with the 23 sites, the recommendation is for another two sites to accommodate travelling show people.



Picture: IMAGES INTERNATIONAL

PROVISION: Travellers say that there is not enough room for them in the district

ple. These are people who make their living running fairs across the country and have a different need to other travellers.

"They require sites to be large enough to accommodate equipment and they need space in which it can be fixed."

Members of traveller communities in the area say that there is not enough provision for them and they want to see more pitches made available.

Earlier this month, Dover District Council's cabinet restated its position, stating six pitches was enough.

It is set to confirm its position before members of the Planning Inspectorate.

It will form part of the consultation period, which also includes the Partnership Board's recommendations.

This in turn will lead to an examination which will be carried out by an independent inspector and start next February.

The final decision is expected to be included in the South East Plan by the end of 2010.

yoursandwich NEWS IN BRIEF

Gurkhas boost funds with dance and food

MORE than £4,000 was raised when the Gurkhas Band put on a display of Nepalese, classical and popular music at St Mary's Church, Sandwich.

The audience was also treated to displays of dance and traditional food and beer from the mountain homeland of the Gurkhas.

The money raised was split between the Pilgrims Hospice and the Wombell Trust, which looks after the widows and orphans of Gurkha soldiers killed in action, including those in the current conflict in Afghanistan.

Produce for sale at annual flower show

THE annual flower and produce show takes place in Woodnesborough at 2pm on Sunday, August 9.

The show – one of the year's highlights in the village – in the grounds of Woodnesborough House will include cream teas, homemade cakes, a raffle and sale of local produce.

It is open to all and schedules, further details and entry forms are available by phoning 01304 812373.

Public toilets closed for refurbishment

THE public conveniences along Sandwich Quay are now closed while work is undertaken to improve them.

The work is expected to take up to three months and when it is finished the town council will take over the their running.

The council will also employ an attendant to be on site when the conveniences are open to the public.

Quiz raises £400 for planned French visit

SIXTY people took part in a Bastille Day quiz held at the Fleur de Lis pub organised by the Sandwich Twinning Association, which promotes links with the French town of Honfleur.

The evening raised more than £400, which will go towards a proposed visit to France for members.

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Pupils quarantined in China swine flu alert

Groups confined to Beijing hotel

■ BY NICK AMES

PUPILS from Sir Roger Manwood's School in Sandwich were among those caught up in the swine flu hotel quarantine drama in China.

Two groups arrived in the country for a cultural visit but were confined to their hotel by the Chinese authorities after fears they may have been in contact with other pupils who had contracted the disease.

However, after the quarantine period they were allowed to continue with the trip.

The trips were organised by the British Council and the Specialist Schools and Academies Trust.

Both groups said the pupils were extremely well treated and were now free to get on with their programme.

A spokesman for the Chinese Health Ministry said: "The quarantine periods were a precautionary measure after swine flu cases were detected among some British visitors."

The authorities added the action was taken as the pupils could have come into contact with infected people either on an aircraft or while



EXCESSIVE? Officials wearing protective suits have been known to board planes in China to check up on passengers

waiting to board a plane at an airport. China's emergency drill for keeping out the condition is one of the strictest in the world – but has been branded as excessive.

In some cases officials in masks, or sometimes hazmat suits, board planes with temperature guns that they point at passengers' foreheads.

If a passenger is later diagnosed with swine flu, anyone seated within three rows of the person is usually tracked down.

Those quarantined then get to leave if they are well seven days from the date they landed.

Beijing has been accused in the past of not

acting quickly enough to combat the spread of diseases, especially the 2003 outbreak of SARS.

International health experts say the Chinese were chastened by that experience and subsequent threats from bird flu, meaning the Government this time has acted quickly and decisively to block an outbreak.

The Chinese Health Ministry said that 1,537 cases of swine flu had so far been reported. None had been fatal.

Other Kent schools including Simon Langton Girls in Canterbury were also affected by the quarantine while on a visit to China.



TRADITIONAL: The bat-and-trap challenge is well under way at The Haywain in Bramling

Sandwich take a battering

IT was victory for the Rotary Club of Deal over the Rotary Club of Sandwich in the annual bat-and-trap challenge held at The Haywain in Bramling last week.

Every year the two clubs meet to compete for the trophy in this uniquely east Kent sport.

The score was 60-38 in the traditional pub garden sport, which has some similarities to cricket.

The game involves one team bowling at a 'trap', which if knocked over renders the opposing batsman as out.

If it is missed, however, the batsman puts the ball into the trap, which flicks it in the air.

To score a point he has to hit the ball between two posts.

A batsman can be caught by a fielder or bowled.

Sandwich Rotarian John Gisbey said: "It was a perfect summer's evening. New friends were made, old friendships re-established and a good fellowship was enjoyed.

"We look forward to winning the trophy back next year."

Farmers' markets

DATES have been confirmed for the remaining Sandwich Farmers' Markets to be held in 2009 in the centre of the town.

They are staged in the forecourt of the Guildhall.

The markets have become increasingly popular in recent years as more and more shoppers turn to local produce.

The next market takes place on Saturday, August 29, and similar events will be held on September 26, October 31 and November 28.

Exchange visit

THE Sandwich and Honfleur Twinning Association has received a request from Valerie Paulin, who is looking for an exchange visit for her 15-year-old daughter.

In return the Paulin Family will host a stay in Honfleur.

Anyone interested who has a daughter of a similar age should contact the group's chairman at mark.moorhouse@btconnect.com.

Let's talk history

HISTORIAN Dr Andrew Richardson is presenting a talk on Anglo-Saxon Eastridge tonight.

The talk is being hosted by the Eastridge Local Interests Group at 7.30pm in the church hall, Church Street, Eastridge.

Tickets are £1 for members of the society and £2 for non-members. Refreshments will be provided.



CELEBRATION: Archbishop Desmond Tutu and his wife Leah with Sally and David Williams

Archbishop in village

FROM FRONT PAGE

the church service. He has lived in England, so the place isn't unfamiliar to him, but he went for a walk to take a look at the local countryside and seemed to enjoy it.

Music in the church came from the Adventist Vocal Ensemble, which regularly takes part in BBC's Songs of Praise.

The group once recorded music for a TV programme on Archbishop Tutu's life, which was filmed in Cape Town.

"But this was the first time both parties had met, so it was wonderful to bring them together," said Mr Williams.

After the service, Mr and Mrs Williams held a celebration at their

home in Tilmanstone which was attended by the archbishop, who used the opportunity to meet and talk to a range of people from nearby villages.

Archbishop Tutu won his Nobel Prize for his support of Mr Mandela and frequent condemnation of the evils of the apartheid system.

He is chairman of The Elders, a group of distinguished world leaders launched on Mr Mandela's 89th birthday two years ago with the aim of tackling the world's most urgent problems.

Other members include former US President Jimmy Carter, the first female president of Ireland, Mary Robinson, and former UN Secretary General Kofi Annan.



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Schools merger is one step closer

PLANS to merge Folkestone Academy with Park Farm Primary School have moved closer with Kent County Council's announcement that the former will close at the end of August.

The formal notification has been issued by KCC, the local education authority, following an extensive consultation and is subject to approval by the Secretary of State.

The Department for Children, Schools and Families has already signalled its support, meaning the Folkestone All Age Academy can open on September 1.

Helen Tait, principal designate of the primary phase of Folkestone Academy, said: "Change can be challenging, but we are committed to developing exciting opportunities for our children and community."

New health centre offers dental help

PEOPLE in Aylesham can now get increased access to NHS dental services.

The Eastern and Coastal Kent Community Services Dental Service is providing the facility for people who do not have access to a dentist and those who require specialist intervention.

It will be located at the new health centre building in Aylesham and opening hours will be extended from four days to five days a week throughout the year.

Dr Mary Henderson, a specialist in paediatric dentistry, said: "Morning and afternoon appointments will now be available for patients who are in pain."

For urgent treatment, you can phone Dentaline on 01634 890300 from 7pm-10.30pm daily and 9.30am-11am on weekends and bank holidays.

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 East Kent's soldiers march through Canterbury. Search 'march'

Councillors are backing us, claim airport supporters

A GROUP supporting Lydd airport says it has been boosted by an enthusiastic response from councillors after a letter was sent asking for their support.

Brian Godfrey, of Friends of Lydd Airport Group (FLAG), claims that many have expressed privately their desire to see the long-running applications for a new terminal and runway extension approved.

The letter said the extension would only cover low-grade farmland and a brownfield site, and the terminal building would have no ecological impact on the environment whatsoever.

He also said the planning officers who compiled the report for councillors to consider at their meeting on September 24, which recommended refusal, had ignored some "fundamental" principles in their decision-making.

Mr Godfrey said: "We now have the planning officers of Shepway council recommending

■ BY JAMES ALEXANDRE

refusal of both applications based on pure supposition, claiming Lydd airport has failed to provide sufficient scientific and other technical information, so therefore have delayed determination of the application by nearly three years.

"The three main objectors – Natural England, RSPB and LAAG – have not provided one scrap of scientific proven evidence.

"Neither Natural England nor the RSPB monitor any of the issues from the habitat, rare plants, fauna, lichen and great crested newts, so all of their evidence is pure supposition with no scientific conclusive evidence.

"The planning officer seems to have conveniently chosen to ignore the fundamental number one principal rule in planning, and that is the assumption in favour of the application and that the objectors have to prove the case against.

"He has chosen to go down the road of caution, claiming the airport have failed to prove their

case. I wonder how that stands in case law."

Mr Godfrey also said the council was guilty of double standards as the race track at Belgar Farm, which was built next to the airport on a Site of Special Scientific Interest, was still operating.

In response, a spokesman for Shepway council said the reasons given for recommendation to refuse the applications were given in the report and based on an environmental assessment, due to the airport being near a Site of European Importance.

The spokesman said: "Planning permission was granted for a speedway track at Belgar Farm in 2000. An application to vary the times the track can be used will be considered by councillors shortly. An SSSI does not preclude any form of development. Every planning application is considered on its merits."

"While there are obvious planning issues associated with the motorbike track on the farm, these are unlikely to be comparable to the impact of a 500,000-passenger airport."



GRASSLAND FIRE ALERT

Walkers are being asked to be careful when walking in the countryside this summer due to the higher risk of fire.

Vulnerable areas include the chalk grasslands around Dover and Folkestone, where, even when there has been some rain, the grass is still dry and can easily catch light.

During the spring there was a serious grass fire on Creteway Down, near Folkestone, and there have already been a number of smaller fires on Dover's Western Heights this season.

People are asked by the White Cliffs Countryside Project to take care with cigarettes and not throw away glass bottles. Visitors are also asked not to light barbecues on the hills.

Parents are requested to make sure their children are aware of the dangers of playing with fire, especially with the school holidays having just started.

If you see a grass fire, please phone 999 for the fire brigade and do not attempt to tackle it as you could easily be surrounded by flames.



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HISTORIC: Researchers uncovered Walter Tull's amazing story after seeing his name on Dover's war memorial

Spurs celebrate remarkable life of talented Tull

THIS month Premiership side Tottenham Hotspur are celebrating an important centenary.

One hundred years ago, war hero and football star Walter Tull, the first black outfielder to play professional football, signed forms for them. He played just 10 games for the London club but has since become a revered figure – especially in the last few years.

Historians, football supporters, race relations activists and the British Army have all recognised his achievements. But for many years he was forgotten – until researchers who found his name on the Dover town war memorial uncovered his astonishing story.

Tull was born in Folkestone, one of six children, but he also lived in Dover for some time.

As well as being a talented footballer, breaking down the barriers of race which existed in professional sport at the time, he did the same in the even more strictly regimented world of the military.

The grandson of Anna and William Tull, born as slaves in Barbados, his father Daniel took a sea voyage to England in 1876.

He settled in Folkestone and worked as a carpenter, marrying local woman Alice Palmer.

Tull played football locally from a young age before attracting the attention of talent scouts and signing for Spurs and later Northampton Town.

Gallantry

In 1914, he enlisted with the 17th Football Battalion of the Middlesex Regiment as Britain went to war against Germany.

Two years later he was promoted to the rank of sergeant.

In December 1916, he returned home to Kent due to trench fever.

Once he had recovered, he was sent to the officer training school at Gailes, Scotland, and became the first black Army officer.

Lieutenant Tull was commissioned and sent to the Italian front in May 1917.

He led his men in the Battle of Piave and was mentioned in dispatches for his "gallantry and coolness under fire".

In 1918, he was transferred to France and was killed in the Battle of the Somme, with his men braving enemy fire in an unsuccessful attempt to recover his body.

■ BY NICK AMES

Tull is commemorated with honour on the Arras Memorial in France.

On July 20, 1909, he walked through the gates of White Hart Lane, home of Spurs. He signed on for £10 and agreed a wage of £4 a week.

He made his first appearance in a 3-1 defeat at Sunderland on the opening day of the 1909-10 season and a fortnight later made his debut against the then FA Cup holders Manchester United in a 2-2 draw.

In front of 32,000 fans he was brought down for a penalty which ensured the draw.

The Daily Chronicle said his performance showed "such perfect coolness... and such accuracy of strength in passing. He defeated [defenders] by side touches and side steps worthy of a professional boxer. Tull is very good indeed..."

A game against Bristol City saw a crowd turn on him with language even newspapers of the day slammed for its abusiveness.

This may have contributed to his decision to leave Spurs for Northampton Town, where he played until the war broke out.

Lt Tull achieved officer rank in spite of an edict in the Manual of Military Law which stated black people could not exercise "actual command" of British troops.

He was leading his men into No Man's Land when his life ended at the age of 29; he was reported to have died instantly as a shot hit him in the head on March 25, 1918.

The unit's commanding officer broke the news of his death in a letter to Tull's brother Edward. He said how "popular he was throughout the battalion. He was brave and conscientious... the battalion and company have lost a faithful officer and personally I have lost a friend".

After his death, Tull was posthumously awarded the British War and Victory Medal; he was also recommended for the Military Cross but never received it.

Writing on the Spurs website, journalist John Fennelly states: "His memory and inspiration live on – as they certainly should.

"As a pioneer and role model his merit transcends football as the ultimate example of how to triumph in adversity: to refuse to be pigeon-holed and follow your own path no matter what obstacles you encounter."

NEWS IN BRIEF

Who will be new bishop?

THE search is on for a new Bishop of Dover to take over the diocese.

It follows the retirement of the Right Reverend Dr Stephen Venner, who served for ten years as the Bishop of Dover and the Bishop in Canterbury.

The procedure for a new appointment is very rare and the Vacancy in See committee of Canterbury Diocese is responsible for the task.

The committee has selected an advisory group, which will work alongside two representatives of the Crown Nominations Commission and assist the Archbishop of Canterbury Dr Rowan Williams in interviewing candidates.

Caroline Boddington, the archbishop's secretary for appointments, led the consultation process, meeting representatives of the diocese and communities to help draw up the job description and statement of needs.

Interviews are this month, with the new bishop to be announced in early autumn.

Dead man was local actor

A MAN whose body was found on rocks between Sunny Sands beach and Copt Point in Folkestone two weeks ago has been identified.

He was named as John Sellicks, 81, a well-known amateur dramatics actor who lived in The Leas, Folkestone. It is thought he suffered a heart attack and fell over the railing.

Mr Sellicks's body was found by police and coastguards who had to reach him by boat on Monday, July 6.

A post-mortem examination has been carried out and his funeral was due to be held at Charing Crematorium.

Officers leave their mark

NEIGHBOURHOOD policing teams are keeping an eye on people's property when they visit car boot fairs being hosted in Folkestone this summer.

Officers will be providing a visible presence in Radnor Park to help prevent stolen goods being sold on, as well as offering a free security-marking service. People who buy valuables can have them marked with a UV pen and a sticker, making it easier for police to reunite lost and stolen property with owners.

The officers will be on hand to deal with queries at future fair dates (both Sundays) at Radnor Park on August 23 and September 6.

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Saturday 5th Mr Wonderful

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Saturday 3rd Dancing Days

Sunday 4th Noddy in Toyland

Thursday 8th - Friday 9th Funtime - Autumn Variety

Saturday 10th

Derek Acorah

Sunday 18th Vienna Festival Ballet

Wednesday 21st Bowing for Soup

Friday 23rd Festival of Remembrance

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Meet two successful students who joined this course after Year 11:

Conor did well at school but he found it boring and wanted more freedom. He decided to try engineering after an interview at the College.

"I've really enjoyed my course as it has mechanical, electrical and maintenance aspects as well as key skills, so it has opened up a lot of options for future course and career choices. The tutors are really able to get the information across and always ask if you need help. You also have a pastoral tutor to support you. Mine, Wendy, was great. If you had any problems at College you could discuss them with her and she would help sort them out."

Conor adds:

"I liked the learning methods on this course because of the heavy emphasis on practical skills. You have to focus a lot and every detail is vital. I am now progressing onto the BTEC National Diploma in Engineering which is a 2-year course. I've made lots of friends here and I am really pleased that there will be 5 of my friends joining too."

After the National Diploma, Conor hopes to find employment working as an engineer on tower cranes or generators.



Joshua didn't enjoy school and much preferred doing things with his hands to academic studies. Joshua left with mostly Ds or Es in his GCSEs but had also done well on an introductory engineering course. From the age of 13 he has been helping and working for the Romney, Hythe & Dymchurch Railway.

"I asked the railway for a full-time job but was told I had to be 18 and also that I required broader engineering skills. I was not at all sure about College after my experience at school but was persuaded at interview to give it a go. So I started the course, found I liked the College and not only discovered aspects of engineering that were completely new to me such as milling, but also found the maintenance training really useful."

During the course Joshua was in a team of 3 who were awarded a "Vernier Caliper" (a valuable piece of measuring equipment) for good attendance, safety awareness and quality of work. This included milling and turning work to 0.1mm accuracy.

Joshua commented:

"I'm really pleased I did the course. I have a recognised engineering qualification covering mechanical and electronic engineering which I can use as a springboard for further qualifications in the future, and I leave the course with broader and more finely tuned skills which will help me enormously in my new job on the railway. The work involves workshop work, track maintenance, signal box work and eventually I get to drive a train."



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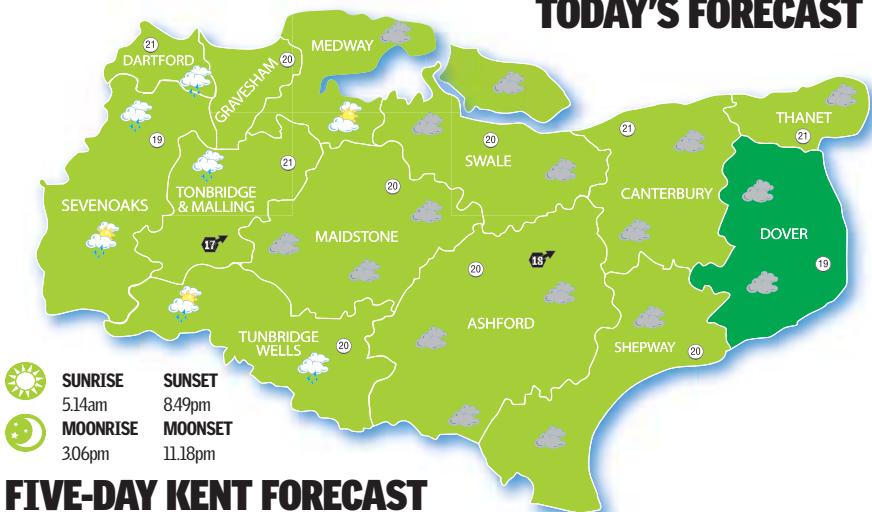
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	Sunday	11:05am	4.9m
Dover	Saturday	8:26am	5.3m
	Sunday	9:34am	5.5m
Dungeness	Saturday	8:06am	5.9m
	Sunday	9:11am	6.0m
Ramsgate	Saturday	8:56am	4.0m
	Sunday	10:04am	4.2m
Sheerness	Saturday	9:37am	4.7m
	Sunday	10:53am	4.8m
Whitstable	Saturday	9:34am	4.4m
	Sunday	10:51am	4.5m

AROUND THE WORLD YESTERDAY

Amsterdam	21°C	Madrid	34°C
Athens	31°C	New York	28°C
Barcelona	29°C	Paris	17°C
Beijing	28°C	Rome	30°C
Bombay	30°C	Sydney	16°C
Cape Town	25°C	Tenerife	31°C
Cardiff	16°C	Tokyo	29°C
Gibraltar	30°C	Vancouver	24°C
Hong Kong	31°C	Warsaw	21°C
Las Palmas	28°C	Wellington	8°C

FIVE-DAY KENT FORECAST

	Thur	Fri	Sat	Sun	Mon		Thur	Fri	Sat	Sun	Mon
Ashford	20°C	20°C	19°C	20°C	21°C	Gravesend	23°C	21°C	21°C	21°C	22°C
Canterbury	21°C	21°C	20°C	21°C	22°C	Maidstone	20°C	20°C	20°C	21°C	22°C
Chatham	21°C	20°C	20°C	19°C	20°C	Ramsgate	21°C	21°C	20°C	21°C	22°C
Dartford	23°C	21°C	21°C	21°C	22°C	Rochester	21°C	20°C	20°C	19°C	20°C
Dover	18°C	19°C	19°C	19°C	20°C	Sevenoaks	19°C	19°C	18°C	19°C	20°C
Faversham	21°C	20°C	20°C	19°C	20°C	Sittingbourne	21°C	20°C	20°C	19°C	20°C
Folkestone	18°C	19°C	19°C	19°C	20°C	Tonbridge	20°C	20°C	19°C	20°C	21°C
Gillingham	21°C	20°C	20°C	19°C	20°C	Tun Wells	20°C	20°C	19°C	20°C	21°C

Traffickers see UK as 'soft touch', new research confirms

A DAMNING report into how traffickers who smuggle illegal immigrants into the UK view the country has been made public.

The smugglers view Britain as a 'soft touch' with big profits and a low risk of being caught, according to Home Office research.

Traffickers also claim officials are willing to take bribes to help illegal immigrants enter the country.

Dover is one of the ports most frequently targeted by smugglers because of its high volume of lorry traffic.

The research found factors encouraging illegal immigration included the benefits system, a healthy black economy, the use of English worldwide and the popularity of migration among some ethnic communities.

Prostitution

Other factors included the ready availability of work, high demand for prostitution, a relatively relaxed immigration policy, the way migrants can use the Human Rights Act to remain in Britain, the ease of getting a passport via marriage to a British citizen and the absence of identity cards.

"The picture presented by the perpetrators was of a market that conferred healthy profits with a low risk of detection," the report says.

"The UK is perceived as an attractive destination ... and illicit entry across UK borders is perceived to be relatively easy."

The research involved interviews with 45 prisoners convicted of people smuggling or trafficking crimes in 2005.

Migrants paid from £500 to £5,000 to be smuggled from France, £10,000 from India, up to £12,000 from Turkey and £25,000 to £50,000 from China.

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QUESTION & ANSWER

CHRIS HOGBEN



Q & A

Chief Superintendent Chris Hogben, South Kent Area Commander of Kent Police, talks to **Marijke Cox** about the changes in policing, making the community a safer place to live in and his love of *The Sweeney*

Q Had you always wanted to work in the police force?

A I have to be honest and say no. I came into policing after failing the three-day interview for a flying commission with the RAF.

Q What were your main reasons for joining?

A The idea of bringing criminals to book certainly appealed to me, as did the idea of making a difference on behalf of the local community. Also, in 1984, when I was 18, police pay and conditions were pretty good and I'd be lying if I said that wasn't appealing.

Q Where did you first start out policing?

A My first station was Ramsgate, where I started as a newly-qualified PC in 1985.

Q How different is your job now to your early days on the force?

A As a young PC I worked on the front line and really enjoyed dealing with a range of criminal offences. Almost all of my service has been at area level, with the role becoming more managerial as I've risen through the ranks. The basic philosophy of policing hasn't changed and can be summarised by our current motto 'Protecting and serving the people of Kent', and that is what my officers and I remain committed to doing.

Q What is the best thing about your job?

A I like the fact that each new day brings new challenges. I'm lucky that I work with a keen and enthusiastic management team who really enjoy finding solutions to the variety of problems we face. No day is ever boring!

Q What is the most challenging thing about your job?

A The biggest challenge for me probably revolves around continuing to improve the service that we provide to the various communities across south Kent in the face of a rapidly-changing economic climate.

Q What are the main issues dealt with by police in the South Kent area?

A When I talk to members of the community, their main concerns centre on low-level antisocial behaviour and other quality-of-life issues. So clearly, dealing with antisocial behaviour is probably one of our biggest priorities at the present time.

Q Do you think the launch of the safer seasons campaigns has helped deal with problems in the area?

A It is helpful for our officers to ensure, through a high-profile marketing campaign, that the public knows we're focusing on what is important to them. The safer seasons campaign delivers this and in recent cam-

paigns we've seen significant reductions in crime and antisocial behaviour, which suggests they are having a positive effect.

Q How safe is south Kent in relation to the rest of the county?

A South Kent is a safe place for people to live and work. We have very little street-related violence. While it's difficult to make straight comparisons between policing areas across the county, anyone committing a violent crime is more likely to be brought to justice in south Kent than anywhere else in the county.

Q What is the most exciting case you have worked on in your job?

A The most interesting case was a robbery in which mobile phones with a street value of £7 million were stolen. The investigation took place outside Kent, and much of it abroad, including seven days working in Singapore, which was a great experience.

Q How similar is the real day-to-day work of a police officer compared with that portrayed on TV shows?

A There are some similarities, but the detail and effort that goes into dealing with investigations can't be reflected accurately in a TV show. I also suspect much of the everyday work my officers do wouldn't make very exciting viewing. My favourite police show is still *The Sweeney*. It bears no resemblance to policing in 2009 but still makes thrilling viewing.

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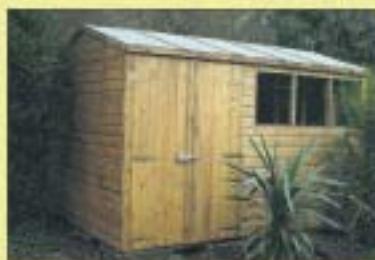
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Highlights of this year's Lounge on the Farm music festival. Search 'Lounge'



Skanska unveils its Learning Garden at the Kent County Show. Search 'learning'

EDITOR'S CHOICE

You can view all these videos and others from around the county with the click of a mouse at...

yourkenttv.co.uk

Cancer charity wants our readers to kick-start £8m fund-raiser

Search is on to find the owner of the county's Ugliest Mug

A CHARITY has today launched a hunt for the Ugliest Mug in Kent to kick-start one of the biggest fund-raising events in Britain.

But before you take offence and start arguing the virtues of inner beauty – they're not interested in your faces.

Macmillan Cancer Support wants to find the most quirky or bizarre drinking mug in the county.

For the Ugly Mug Amnesty, which it is launching today backed by KOS Media, it wants you to dig out old mugs lurking at the back of your cupboards or being used to hold toothbrushes in the bathroom.

When you've found your Ugliest Mug, take a photo of you holding it by your face and email it to the address at the end of this story.

Also make sure you tell us if it has an interesting history or funny story behind it.

■ BY JON COATES

came into your possession. Every week we'll choose an Ugly Mug of the Week, which we'll put on our websites.

So try to make sure we can see the mug clearly in your photo and include your name, age, address, job and contact details.

Encouraged

Then a week before Macmillan Cancer Support's World's Biggest Coffee Morning on Friday, September 25, we'll choose and publish the winner of the Ugly Mug Amnesty.

The winner will receive a World's Biggest Coffee Morning Mug from Macmillan Cancer Support and a £50 Coffee Gift Set from KOS Media.

Laura Thornton, Macmillan Cancer Support's fund-raising manager for Kent, said:



GETTING THE MESSAGE ACROSS: Nurse Josie Richards (left) and radiographers Brenda Manktelow (right) and Steve Dann (centre), who all work for Macmillan, helped launch the Ugly Mug Amnesty and The World's Biggest Coffee Morning.

"An Ugly Mug Amnesty has never been done before, but everyone has a mug lurking at the back of their cupboard with a story behind it.

"We want to ask people to send in pictures of their mugs and tell us the history behind them."

The World's Biggest Coffee Morning is Macmillan's flagship fund-raiser.

Now in its 19th year, it has become one of the biggest fund-raising events in Britain along with Children in Need and Red Nose Day.

Macmillan asks the public to host or attend a coffee morning, with all donations going directly to those affected by cancer.

Supporters are encouraged to visit www.macmillan.org.uk/coffee to register and pick up fund-raising tips, or call 0845 602 1246. Make sure you enter the code RNA 10 so Macmillan know you are a KOS Media reader.

Last year the World's Biggest Coffee Morning raised £7.5 million and the target this year is more than £8m nationwide.

But we are calling on all our readers to help make Kent the biggest fund-raiser in the country. We'll be holding a coffee morning for staff on September 25 and urge businesses across the county to join in, too.

Macmillan has 120 health professionals active across Kent helping patients and their families deal with cancer.

Their support means people do not have to face harrowing ordeals on their own.

All entries into the Ugly Mug Amnesty must be received by Friday, September 11, with the winner announced in the Wednesday, September 16, papers.

But you don't have to wait till then – get your entries in to be crowned Ugly Mug of the Week and see yourself on our websites.

Send your entries by post to Jon Coates, KOS Media, Apple Barn, Hythe Road, Smeeth, TN25 6SR, or email them to jon.coates@kosmedia.co.uk.

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Regulator tells water firms to drop prices

WATER companies in Kent could be forced to slash bills by as much as ten per cent over the next five years.

The industry regulator Ofwat published its draft responses to firms' business plans last week, with all five providing water and sewerage services in Kent told to either cut or freeze the amount they expect customers to pay.

Homeowners served by South East Water could see their bills go down by an average of six per cent by 2015 – or from £170 to £160 – compared with the £48 increase proposed by the company.

The draft response also calls for Southern Water bills to go down by an average of two

■ BY STEVE KNIGHT

per cent to £373 (£426 proposed), while customers served by Veolia Water Southeast – formerly Folkestone and Dover Water – could see reductions of ten per cent, down to £177 (£226 proposed).

All calculations are before inflation.

Draft

Karen Gibbs, the Consumer Council for Water's policy manager for London and the South East, welcomed Ofwat's recommendations.

She said: "It looks like good news for customers. Ofwat appears to be saying the compa-



DROP IN THE BUCKET: Water industry regulator Ofwat has told companies their planned price hikes are unacceptable

nies can deliver good services without having to increase bills as much as proposed in their business plans.

"Now the companies and the CCW will have to look at where Ofwat has challenged investment proposals to see how that will impact on services and whether it will alter the amount spent on what customers see as priority areas.

"This is the first time the CCW has been involved in price setting and we were aware huge price increases would not be welcome in the current economic climate."

Four of Kent's five water companies released statements on Thursday saying they had noted Ofwat's draft response and would consider its views ahead of a final decision in November.

But Thames Water reacted angrily to the report. The company wanted to increase its average bills by 17 per cent to £356 by 2015 but has instead been asked to keep them stable.

Chief executive David Owens said: "Initial indications suggest the draft may not allow us to deliver what customers want.

"For example, this means we won't be able to reduce leakage at all over the next five years."

Ofwat chief executive Regina Finn said: "We understand times are hard and have listened to customers. They want a safe, reliable water supply at reasonable cost."

"Our decisions allow efficient, well-run companies to invest in the right place at the right time for the right price."



ON THE RUN: Nigel (left) and Adam, with Natalie Court of Cancer Research UK

Michelle's friends are going the extra mile

TWO friends have pledged to run 10k to help a friend battling cancer for the third time.

Adam Dudley and Nigel Scott will tackle the Leeds Castle 10k run in September in support of Michelle Barrott, who was diagnosed with skin cancer 18 years ago.

Michelle, 38, who lives near the pair in Walderslade, had a cancerous mole removed when she was 20.

After being told the cancer hadn't spread, she went on to marry Gary and

have a daughter, Grace, now eight, but in spring 2005 Michelle found a lump in her groin and investigations revealed the cancer had returned.

Despite surgery to remove 22 lymph nodes, Michelle has now been told the cancer has spread to her brain and the future looks uncertain.

The two friends – who admit they are not natural-born runners – will run the Cancer Research UK event on Sunday, September 27, in the picturesque grounds of the castle, near Maidstone.

Adam, 43, an IT support analyst, said: "I admit I'm not the most active person. Training for the 10k is the first real exercise I've undertaken in more than ten years, which goes some way to showing how important this is to me."

Cancer Research UK's Run 10k is one of a series of 43 fundraising events in the UK this autumn. It is hoped 2,000 participants will enter the Maidstone event to hit the fundraising target of £138,654. To sponsor Adam or Nigel, visit www.run10ksponsorme.org/adamdudley.

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Villa Isis BB	1* Hotel	Full	Full	£359
Norfolk BB	2* Hotel	Full	Full	£459
Mayfair	3* Hotel	£459	£509	£349
Runnymede Court BB	2* Hotel	£409	£399	£349

Accommodation	Rating	22nd Aug	29th Aug	5th Sep
Villa Isis	1* Hotel	£309	£309	£309
Norfolk	2* Hotel	£359	£319	£479
Mayfair	3* Hotel	£449	£449	£539
Runnymede Court BB	2* Hotel	£379	£469	£489

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Part-time

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- Certificate in Personal Training (Active IQ) Level 3

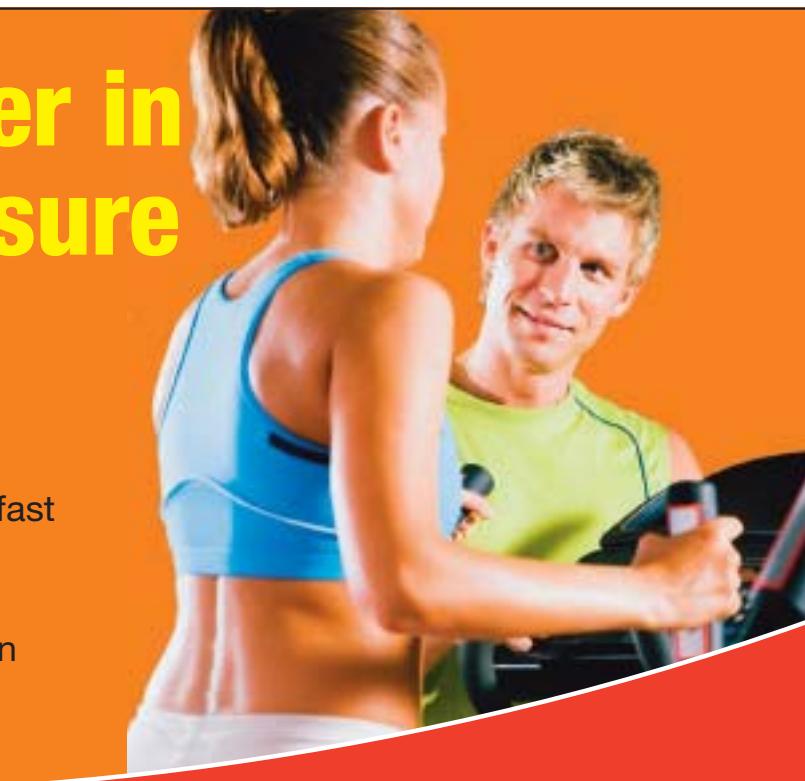
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Courses are free for 16-18 year olds. Fees may apply for adults depending on individual circumstances. Anyone can apply.

For information on all courses offered by South Kent College
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Making a career out of a passion for sport



Few sports-mad people realise that they could succeed in a sports career. For example, half the students studying the National Diploma in Sport and Exercise Science (BTEC) go on to university while others decide to teach or find work elsewhere in sport. But you don't have to start a Level 3 course to be successful. Take Troi for example. He didn't enjoy school and left before taking his GCSEs. He joined the New Start group at South Kent College and then chose to progress onto the Introductory Diploma in Sport and Leisure. Commenting on his decision Troi said:

"I hit it off straight away. There is such a good atmosphere, it's a very good group, I love it and I've learned lots. At College we get involved in all kinds of sports. Age or abilities don't matter. People mix and it's something I really like".

Troi has done so well on his course that he has been accepted to study a BTEC National (Level 3) next September at the end of which he plans to apply to university.



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National Certificate in Public Services (BTEC)	3	2 years	4 GCSEs Grade C or above

All courses run at our Folkestone campus. All courses are free for 16-18 year olds. Fees may apply for adults.

Abbeygail

With a father in the fire services, and a grand-father who was a paramedic, Abbeygail's dream is to work in the Public Services. So the BTEC Certificate in Public Services was a logical choice for her. Abbeygail is really enjoying her two-year course which is equivalent to A-Levels, much preferring the unit-based structure and continuous assessment to the pressure of end-of-year exams.



"Life at College is different: you mix with lots of different people, teachers are approachable and supportive, resources are good and you are treated like an adult. I've learned so much and got so many certificates: fire-fighting, canoeing, etc. And next year we will do first aid as well. We've been on so many different trips. I really enjoyed the team-building trips such as tree-jumping or raft-building."

In her second year of BTEC, Abbeygail plans to send an application to the RAF as she has set her mind on becoming an air traffic control officer.

Callum

After GCSEs Callum enrolled on the Level 1 Diploma in Public Services in Folkestone.

"When I was at school, I wanted to join the Police. That's why I decided to study Public Services. At College, you make so many good friends. We do a lot of team-building activities such as paint-ball and college challenges and trips such as visiting the army barracks. Tutors are really nice and help you with your work. You work hard but you can have a laugh. It's so much better than school where you are treated like a kid."

Callum likes the variety of subjects studied in his course. *"We study fitness, career opportunities, how to eat healthily, how to apply for jobs... I've enjoyed all units, though I especially like the fitness side. I have also re-taken my GCSEs in English and maths and improved my grades. I want to get the best qualification I can get and I've enjoyed my time at College so much, I can't wait for the next course."*

Ultimately, Callum would like to join the army and train as a royal engineer.



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Our inspirational young rewarded

SOME of the Channel coast's most inspirational young people have been celebrated at the annual Try Angle Awards ceremony at Folkestone's Leas Cliff Hall for their achievements.

Youngsters aged 10 to 18 and their families, carers and friends enjoyed entertainment from talented musicians during the evening, including rock group Syncerely, an acoustic guitarist, a young singer and a hip-hop duo.

The awards were presented by special guest Vicki Silk from Folkestone, who represented Great Britain at the International Wheelchair and Amputee Sports World Games.

The Try Angle Awards recognise those who have overcome personal struggles in their lives and made an important contribution to their community.

Started by a Kent County Council youth worker in the mid-1990s, Try Angle aims to celebrate young people's achievements and this year marks the 15th anniversary of the awards in Kent.

The winners included 18-year-old Natalie Holness for personal achievement in the arts; 12-year-old Shane Porter for music; Nadine Gallagher (15) and Kirsty McGovern (14) for citizenship and environment; and 18-year-old Simon Ingelbrecht for bravery.

Lydd Town Baton Whirlers were rewarded for personal achievements in sport, while 12-year-old Joshua Whitley won for good friends and young carers.

Samantha Newing, 18, was recognised for volunteering and service to the community, Chelsea Story, 15, for personal development, while Ashley Griffith and Karina Rezmuvesova, both 15, were awarded for tenacity and perseverance.

■ BY JAMES ALEXANDRE



TENACITY: Ashley Griffiths and Karina Rezmuvesova

Mike Hill, KCC cabinet member for communities, said: "Each year, the Try Angle Awards bring together young people with incredible stories to tell and the countywide ceremonies are a real highlight in the calendar.

"It is essential we recognise and pay tribute to the youngsters in Kent who work so hard, sometimes in the face of adversity."



WINNING WAYS: From left, Angela Porter on behalf of Shane Porter; Joshua Whitley; and Natalie Holness

SEND your schools news and pictures to the editor, dave.mairs@kosmedia.co.uk. You can also upload your video clips of schools events on to www.yourkenttv.co.uk



GOOD CITIZENS: Nadine Gallagher, left, and Kirsty McGovern were presented with Try Angle Awards and certificates for citizenship and the environment



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yourblogger

A dispiriting time in a supermarket queue sparks a nostalgic craving for imperfection



Human interaction has been stolen by modern technology

JUDGING humanity while in a queue at Tesco is not the most life-affirming activity, but this week I found myself – plastic-packed houmous, rocket salad and avocado in hand – in that very position.

It amazes me that we seem to have stripped day-to-day life of human interaction.

We have reached the end of the self-service decade – in banks, supermarkets, in the driver's seat, on buses, while juggling our iPhones, MP3s, sat-navs and other unfathomable electronic gadgets that tell us whether we need to take more steps, eat more fruit, turn left, breathe...

"Please insert your credit or debit card" comes from eight checkouts, while a bland-sounding robot with no discernable accent drones "incorrect item" in the bagging area, while one girl (who cannot be more than 16 but is very much alive) sits as a puppet-master, chewing gum, watching over these

automatic time-saving machines. It won't scan your pasta salad, madam? Please enter authentication code. The machine understands the barcode.

This march of technology has become more of a sprint. I remember at the end of the 1990s, in sixth form, a friend telling me that her phone could send texts (TEXTS?) if you just typed what you wanted to say on the screen.

In a very short space of time we have become nothing more than ASL, CYAL8R, B4N.

We scan our own salads, marvel at paying in cheques through a shiny silver slot, interact with each other through a series of scrambled letters and numbers. Why? To save time, of course! But time for what?

A week ago I stood at London Bridge station, where a sign told me I must buy my ticket before boarding or run a gauntlet of fines.

Drivers no longer chat, take your money or comment on the weather. They drive. That is their title and that is what they do.

I asked a question about my stop and the driver (note, no conductors anymore, automati-

c devices can save a year's salary) said "The bus will tell you". Minutes later, far too close to a man who had never heard of deodorant, I find the bus speaks. Again, that blandest of accents warns you when your stop is near.

Soon the buses will be driverless, navigating the city's streets using magnets embedded in the road. Passengers will determine their pick-up point using Bluetooth technology. And that is not Orwellian thinking. That is fact.

And so I wonder what it would be like to go back a decade, before the internet (how did we ever do anything before that?) before mobile phones, before everything had been over-complicated in an effort to over-simplify.

Progress is unending and corresponds to our view that we are endlessly perfectible.

Yet from my position in the supermarket queue, I would choose imperfection in the blink of an eye.

EDITOR'S NOTE: All blogs are supplied with full name and address of the authors. They do not reflect the view of the newspaper but are designed to give our readers the chance to air their views.

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EMAIL US: We want your letters, your comments and views. Send your submissions to the editor: Dave.Mairs@kosmedia.co.uk

Write to: The Editor, Dave Mairs at KOS Media, Apple Barn, Hythe Road, Smeeth, Ashford, Kent TN25 6SR.

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The closing date is August 7, 2009.

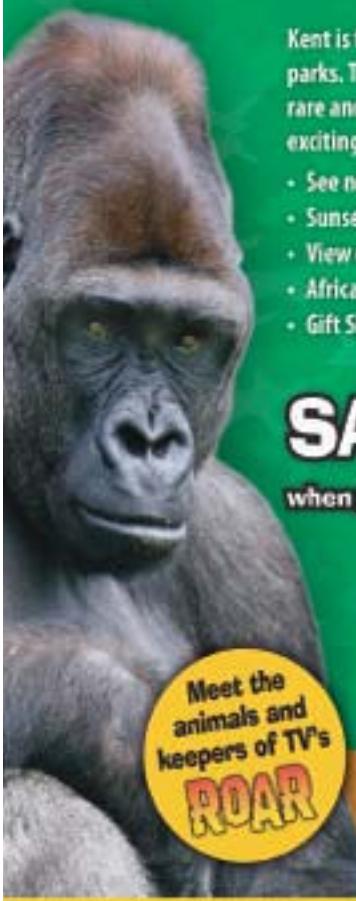
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yourletters

TALK TIME

TIM PRATER

The Liberal Democrat councillor who represents Folkestone West talks about his life in politics.



Tell us a little about yourself.

I've been married to Seanson for over 11 years - we met at Aston University. We have lived in Folkestone and Sandgate since 2003. I run my own website business, became a town councillor for Cheriton in 2006 and was elected as both town and district councillor for Cheriton in 2007. I then won the Folkestone West county seat, which covers Cheriton, Morehall and Sandgate, in June 2009.

How did you become involved in local politics?

I decided at school many years ago that, I was against what the Conservative government of Margaret Thatcher was doing and that, if I didn't like it, I should do something about it. I joined the LibDems on my 18th birthday and have been a member ever since - over half my life. I strongly believe that to change things you have to get involved.

What is it you most enjoy about being a councillor?
The times that you get results. The days you see a decision changed because of something you said, a pothole fixed because you reported it, a person helped because you discussed it with someone. You don't win every day, but you keep trying and the successes are sweet.

What do you like to do in your spare time?
I like to go for a drink with my wife - it gives us a chance to catch up on the day as we're generally both quite busy. Watching football, in particular Everton and England. Also Rugby, F1, seeing friends and family, plus the occasional gig or comedy night.

YOUR LETTERS

Calling all lovers of tropical fish

Do you keep tropical fish? Do you want any tropical fish?

I need to restock my guppy tank to prevent in-breeding, so if you have two female and two male unrelated guppies you don't want, please give me a buzz.

In return you can have the pick of any fish I have in my tanks. I am a retired person who has kept tropical fish since I was 12 years old and it stops me from going loopy - it soothes the brain, you know.

If you have any unwanted tanks, heaters, pumps or indeed any unwanted fish equipment - or even if you are fed up with keeping fish - I will take them off your hands.

I can only pay you by swapping other fish, but don't throw things out to the dustman.

It will even allow me to set up tanks for other people free of charge in old people's homes, doctors' surgeries and private homes - it keeps me happy and makes other people happy, too.

I saw a dustman throw a tank into the back of a dustcart one day - terrible when a care home could have done with that and it would have kept a lot of elderly folk very happy indeed.

Even if you want your tank cleaned out, I am quite prepared to do that for you and no charge is required.

Please phone 01843 847986 if you are interested in my offer.

Bernard LaRoche
Birchington

Yet again we have Kent Police behaving in a politically correct



LETTERS: Please write to: Editor Dave Mairs, KOS Media, Apple Barn, Smeeth, Ashford, Kent TN25 6SR



EMAIL: Email your letters to the editor at dave.mairs@kosmedia.co.uk

interests of these groups?

It is no wonder people get resentful when these people are singled out for extra help.

No one looks to make sure the views of the vast majority of people who are law-abiding citizens are given such preferential treatment.

This is another example of the blatant box-ticking which goes on in an attempt to curry favour with politicians who don't care about the vast majority of people and are only concerned with appearing 'right on'.

Colin Slaney
by email



COMMENT ONLINE TOO

Not only can you use email and letters to respond to our stories, you can comment via our website too.

Beneath most stories on the website there is the facility to leave your comments on whatever YOU thought of the online article. To leave your remarks, simply click on the 'Add your comments' link and tell us what you think.

And remember, the website is updated daily, bringing you the latest, breaking news from across your district. We will include the best on these pages too - ensuring your comments reach the widest possible audience. In addition, if you find your newsagent, supermarket or petrol station runs out of your favourite local paper before you've picked up your copy, you never need to miss out.

On our website you can access the full newspaper in our acclaimed e-editions. Go to www.kentnews.co.uk and select your area.

The police are now trying to be too PC

Yet again we have Kent Police behaving in a politically correct

manner. The latest move is to recruit gypsies and travellers to ensure their views are taken on board.

It's OK in principle - but am I the only person who thinks far too much is done to look after the

What do schools teach our young?

I read last week's blog by Gary Wright on tutoring and would like to address a couple of points.

Firstly, he's worried about the reliability of tutors. I can inform him they have recently been asked to cough up £64 for a registration scheme that includes police checks.

However, what guarantee of security is that? All it potentially proves is that a person hasn't been caught yet.

The best way to make sure your child is safe is not to treat the tutor like a glorified babysitter, but to make sure you are present or at least within earshot of your child's lessons.

Secondly, Mr Wright seems to feel that parents use tutors as a substitute for spending time with their children.

In my experience, this is not true - the parents who make the sacrifices to pay for a tutor care deeply about their offspring.

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I do agree, though, that the level of private tuition is a damning indictment of the education system. It's got to the point where I wonder what kids do in school all day.

Caroline Brown
by email

Extra tutoring is vital to support children

I am one of your reviled private tutors, Mr Wright! I would not be in gainful employment if it wasn't for the deplorable state of the greater part of our country's education system.

In my mind I am only helping students to attain a far better grade, even if in your mind this grade is inflated.

When schools (even grammar schools) have such young and inexperienced teaching staff, it is little wonder parents opt to spend their money to help their children.

Many a time I have heard tales of woe from parents, all too often highlighting the state of educational provision.

At this point I will add that I do not tutor students aged less than 13/14 and I do not agree that tutoring four-year-olds is a good idea.

With reference to the point about getting 11-year-olds into grammar school, there would not be such a clamour for places at these institutions if the remaining state schools (and this does not include

the heavily over-subscribed voluntary-aided schools) were seen to be of a sufficiently high calibre.

Unfortunately, for whatever reason, there are a number of schools in every LEA which suffer a bad name and reputation, and the cause of this can be manifold.

Little wonder, then, that any well-meaning parent wants to see their children succeed at their full potential.

As for CRB checks, I have had to get one done in the past, but as a self-employed person it is almost impossible to get such a check carried out on oneself.

Most tutors have nothing to hide and are very often just school teachers trying to earn a few extra pennies. Such tutors already have a CRB check in place.

Clive Brown
comment on www.kentnews.co.uk

Communist at large?

Why not have tutors? I'm no communist. The other way of looking at this is that parents are simply helping their children to reach their full potential, rather than artificially boosting their results, as Mr Wright implies.

Why on Earth should parents not spend money improving their children's educational attainment?

Only some kind of damn communist would think that was a bad thing.

P Cook
comment on www.kentnews.co.uk

Protect your young from quarry dangers

With the school holidays starting for most this week, I would like to appeal to parents to ensure their children stay safe – by staying out of quarries this summer.

Already this year, two teenage boys have been killed after entering quarries. A 15-year-old drowned in a quarry in Derbyshire, while an 18-year-old fell to his death in Warwickshire. Both quarries were old workings protected by fences.

The danger is real and, with a warm summer expected, the Mineral Products Association is raising awareness to try to prevent any more tragic deaths.

The message is simple – Stay Safe... Stay Out. It is not only illegal to trespass in quarries, but it is also extremely dangerous.

Our members take their responsibilities seriously. Many liaise with schools to deliver the safety message, they're in regular contact with the emergency services and regularly check their perimeter fencing. Some sites even use CCTV and security guards.

But perhaps more importantly, we need the help of parents, teachers and youth workers.

Please keep your children safe by ensuring that they are aware of the dangers posed by trespassing in your local quarry.

Simon van der Byl
Mineral Products Association

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BRÜNO (18)


Sacha Baron Cohen adopts the role of gay, crass, insolent fashionista Brüno from Austria, who tours the US looking to set up unsuspecting locals with his outrageous brand of 'interviewing'.

THE PRIVATE LIVES OF PIPPA LEE (15)


Robin Wright Penn stars as Pippa Lee, a woman heading for a mental breakdown after moving to a retirement village with her older husband, who has an affair with her friend's son.

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When art imitated life for The Proposal's Sandra

■ BY KATE WHITING

FIVE years ago Sandra Bullock was single, heading for 40 and throwing herself into the Oscar-winning ensemble drama Crash.

Today she's married, stepmom to her tattooed biker-welder-husband's three kids and back on screens in a romantic comedy.

It's quite a turnaround, especially for an actress who used to believe marriage was a "death sentence". So what changed?

"I had everything I wanted, not realising that maybe I was going after things that weren't filling me up in the way I wanted," she says, candidly, when we meet in a London hotel to discuss her role as an unlikely bride in The Proposal.

"I never felt I was missing anything until one day I stopped long enough to smell the roses outside of this little treadmill I had gotten myself on to and I realised there were other things I liked that I didn't know."

In short, she fell in love with the right guy.

Sandra met Jesse James, apparently a real-life descendant of the American outlaw, and former presenter of the Discovery Channel's Monster Garage, when she arranged for her godson to meet him for a Christmas present.

They started dating and three months in she realised he was the 'one' – when he lay injured in a hospital bed after a racing accident.

"I always thought marriage meant that someone was going to ask you to stop being who you were and I met someone who not only wants me to be who I am, but likes it," says Sandra, beaming broadly.

In a bizarre case of art imitating life, Sandra's character in The Proposal, Margaret, is a workaholic boss who doesn't think she needs anything else in her life.


LIFE CHANGE: Sandra Bullock stars in The Proposal

But when the threat of deportation back to her native Canada means losing her job as an editor in a publishing company, she turns to her personal assistant Andrew (Ryan Reynolds) and blackmails him into marrying her.

Andrew reluctantly agrees, on the condition that she flies with him to Alaska to meet his family and celebrate his Grandma Annie's (Betty White) 90th birthday.

In real life, of course, Sandra is nothing like the hard-nosed, Christian Louboutin-wearing New Yorker Margaret – although she does look immaculate today in a white-and-black top, with her long dark hair tucked behind one shoulder to reveal a diamond earring.

And she is the 'older woman'. While Ryan, married to Scarlet Johansson, is 32, Sandra will be 45 later this month – although she hardly looks a day over 29 – the age she

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was in her breakthrough role in 1994's Speed.

As she sucks on boiled sweets and lets out real belly laughs, it is clear she couldn't be an 'evil witch' if she tried.

Through roles in films like Miss Congeniality and Two Weeks Notice, Sandra – Sandy to her friends – became known as the comic actress who could play the girl-next-door, the tomboy and the sexy leading lady.

Due to having some bad experiences of comedy, she only agreed to do The Proposal if she could be executive producer.

As for her acting future, Sandra implies that she might not stick at it for the long haul, unlike her 87-year-old Proposal co-star Betty White.

"Most of what I do in my life doesn't happen in front of the camera and I love it just as much."

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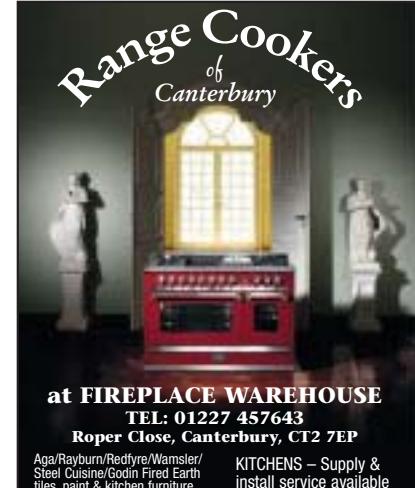
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stay safe



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SPENDING TIME OUTDOORS IS A GREAT WAY TO REVITALISE BODY AND SOUL.

Stay safe in the sun

As soon as the warm weather arrives we all want to go out and enjoy it – and why shouldn't we? We all spend far too much time in air conditioned offices gazing wistfully out of the window.

But whether we are enjoying some sun in the Med or in our back garden we still need to protect ourselves.

Skin cancer is one of the most common cancers in the UK. Right now, around 1,700 people are being treated for malignant melanoma and other skin cancers in the eastern and coastal Kent region.

Most skin cancers are caused by damage from sunburn and could easily be prevented.



1. Apply sunblocks or sunscreens with high sun protection factors (at least factor 15).
2. Take extra care with children – use factor 30 plus. For babies use factor 50 plus.
3. Apply generously and reapply frequently, especially after activities such as swimming or towelling.
4. Wear a wide-brimmed hat to reduce exposure to the face, eyes, head and neck.
5. Limit the amount of time you spend in the sun, particularly between 11am and 3pm.

6. Cover skin with clothing giving good protection - examples are longsleeved shirts and loose clothing with a close weave.
7. Seek shade, but remember sunburn can occur even when in partial shade or when cloudy.
8. Wear wrap-around sunglasses.
9. Remember certain prescribed drugs, medicines, foods, cosmetics and plant materials can also make people more sensitive to sunlight.

Coping with sunburn

Sunburn is when your skin overheats and becomes red and painful and may later peel or blister.

If you get sunburn:

- Cool the skin down by dabbing it with a cool, wet towel or tissue.
- If really bad, take a quick cold shower.
- Don't go back into the sun until you've healed.
- Drink plenty of fluids to replace the water lost through sweating and to cool down.
- Apply calamine or after-sun lotion.
- For adults, painkillers such as paracetamol or ibuprofen can help relieve pain and reduce swelling.

Be prepared for a heatwave

IT'S not just the sun that can be our foe as well as our friend. Continued humidity, especially during a heatwave, can be dangerous too.

The heat can affect anyone, but some people run a greater risk of serious harm, especially the very young, older people and those with serious illnesses.

It can make heart and respiratory problems worse and in extreme cases can lead to heat stroke, which can be fatal.

To stay safe:

10. Keep an eye on children, vulnerable friends and neighbours.
11. Keep plenty of water to hand and stay in the shade where possible.
12. Shut and shade windows when it is hotter outside and open them for ventilation when cooler.
13. Avoid doing things that need lots of effort like sport, DIY or gardening.
14. People with serious health problems (for example heart conditions), should avoid going out in the heat, especially between 11am and 3pm.



for summer...



HERE ARE YOUR HEALTH'S TOP 50 TIPS ON HOW TO DO IT SAFELY

Enjoy your barbecue in safety

WHAT better way to enjoy a balmy evening than some healthy barbecue food with friends?

Just don't become one of the 965 cases of people in east Kent turned up at accident and emergency with food poisoning last year – that doesn't include those who suffered nasty fire-related injuries either!

When you're cooking on a barbecue, make sure you:

19. Place your barbecue on a level surface, away from plants and trees.
20. Cover the bottom of your barbecue with coal to a depth of no more than 5cm (2in).
21. Use only recognised firelighters or starter fuel, and then only on cold coals.
22. Wait until coals are glowing red with a powdery grey surface before you start cooking.
23. Wash your hands every time you touch raw meat and keep it separate from other foods.
24. Properly thaw frozen meat before you cook it.
25. Turn meat regularly and move it around the barbecue to cook it evenly.
26. Remember that meat is safe to eat only when it is piping hot in the centre, there is no pink meat visible and the juices are clear.
27. Keep prepared food in the fridge wherever possible and don't leave it out in the sun.

Avoid bringing back the worst kind of souvenir

A sexually transmitted infection (STI) or unintended pregnancy can be the worst kind of souvenir to bring home. Last year, more than 2,500 sexually transmitted infections were diagnosed in east Kent genitourinary medicine clinics.

28. Always buy a pack of condoms in addition to your normal contraception.
29. Vomiting, diarrhoea, and some medicines, including some antibiotics and some anti-malaria drugs can make the contraceptive pill and some contraceptive implants less effective so always use a condom to help protect against pregnancy and STIs.
30. Only buy condoms with the CE mark on the packet.
31. Keep condoms away from oil-based products such as suntan lotion, baby oil and lipstick.
32. Store condoms in a cool, dry place.

* For more help and advice on safer sex, visit your pharmacist, call Sexual Health Direct on 0845 122 8690 or go to www.condomessentialwear.co.uk

A real stinger

For most people, stings and bites from insects are painful but harmless. However, if you also experience symptoms anywhere else you may be having an allergic reaction and should seek emergency medical treatment.

33. Remove the sting as soon as possible with your fingers or tweezers.
34. Bee stings have a poisonous sac so take care not to puncture it as you remove the sting.
35. Wash the area with soap and water.
36. Put a cold flannel on the area.
37. Raise the part of the body that has been stung or bitten to prevent swelling.
38. Use a spray, or cream, containing local anaesthetic or antihistamine on the affected area to help prevent itching and swelling.
39. Take painkillers, such as paracetamol (if the sting or bite is very painful).
40. Don't scratch the area, as it may become infected.
41. Consult your GP if redness and itching does not clear up after 48 hours.

Have fun outdoors in safety

Summer is a great time for children to get out and experience the world around them. You do need to be aware of safety issues, but this isn't a reason to stop children enjoying activities.

42. Nominate a responsible adult to supervise the children at parties and barbecues.
43. Make sure one adult stays sober to supervise the children.
44. Ask hosts to place medicines and cleaning products out of sight and out of reach.
45. Check the garden regularly for potential hazards, such as tools, ponds or water butts.
46. If children are around barbecues, watch that they don't get too close to hot surfaces.
47. Protect your child from the sun.
48. Be safe around water with your child.
49. Consider taking a first aid course.
50. Follow all these simple steps and you be guaranteed a fun and action-packed summer in the sun.

For more help and advice visit your local pharmacist,
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Star line-up for festival

Even the organisers can't believe their luck as Gary Numan and The Blackout prepare to rock the front

HEVY MUSIC FESTIVAL

Saturday, August 1
Folkestone seafront

TOP names in alternative music will head for the seaside this weekend for the first Hevy Music Festival.

Feeder, Ash, Gary Numan (left), Hundred Reasons, Attack! Attack!, Sonic Boom Six and In Case Of Fire are just some of the artists who will rock Folkestone seafront on Saturday.

The second stage, organised in association with Sonic Heights, will feature a dream line-up of bands for anyone who loves rock.

The Blackout have also been added to the line-up, which is exciting news for music fans as the six-piece from Merthyr Tydfil are one of the biggest up-and-coming bands around.

James Dutton, co-founder of Hevy, said: "The band are touring in the US at the moment before flying back to headline a stage at Reading and Leeds, and now they're coming to Kent for the Hevy Music Festival," he said. "These guys are huge."

Kerrang Award nominees The Ghost Of A Thousand have been named one of the top five metal bands in Q Magazine. They will be appearing alongside After The Ordeal, Cancer Bats, Farewell City, One Day Elliott and The Startover.

Fans can look forward to performances by Amber Room, Eleven: Eleven, LightsGoBlue, Sharks, We Are The Ocean, The Xcerts, Elephants, Kingskin, Mexico Fallz, Heartbreak and More Than Normal.

Mr Dutton revealed how pleased he was to have attracted such a stellar line-up, particularly the King of Synth Pop, Gary Numan.

"Gary Numan is a true living legend and we can't quite believe we've managed to book him for the first-ever Hevy Music Festival. I'm going to be seriously star-struck!" he said.

"We set out to create an Alternative Music Festival for Kent to distinguish ourselves from the other great festival in this corner of the UK. Mr Numan has been credited with



paving the way for the Alternative genre back in 1979 and has directly influenced many of the biggest acts in the world today.

"To have him and his live band performing on our main stage as the sun sets over the ocean is going to be spectacular – we can't wait."

The festival will take place on the site of the former Rotunda vintage amusement park on the seafront, with its stunning views of the English Channel.

Gates open at 1pm and tickets cost £48. Book online at www.hevy.co.uk, or buy tickets in person from the Leas Cliff Hall, Folkestone, The Marlowe Theatre box office in Canterbury or the Winter Gardens in Margate.



FOR MORE THEATRE AND ENTERTAINMENT VISIT yourkenttv.co.uk

with

JANE CONNOLLYEmail jane.connolly@kosmedia.co.uk**GREAT TOWER**Saturday, August 1
Dover Castle

HISTORY will leap into colourful life as Dover Castle unveils its exciting new Great Tower attraction.

Following a complete transformation, the Great Tower now offers an amazing recreation of medieval life over three floors. Visitors can immerse themselves in the past and discover the struggles of King Henry II's royal court as colourful costumed characters and special audio-visual and holographic effects bring the Middle Ages vividly to life.

Come face to face with one of the most powerful monarchs in history, his strong-willed wife Eleanor of Aquitaine and the court jester, Roland the Farter. Children will enjoy the interactive nature of a new exhibition about Henry II's



'Devil's Brood' and they will also discover why the Great Tower of Dover Castle became a symbol of royal power across Europe in the Middle Ages.

All this extra family fun can be enjoyed alongside the castle itself, its wartime tun-

nels and Roman lighthouse. Dover Castle is open from 9.30am to 6pm daily in August. Admission costs £13.40/£6.70 each or £33.50 for families.

See www.english-heritage.org.uk/dovercastle, or phone 0870 333 1181.

**LEGENDS OF THE OCHE**Sunday, August 2
New Beach Holiday Park, Dymchurch

THREE unforgettable darts players will step up to the mark once again in Legends of the Oche.

Eric Bristow, Bobby George and John Lowe are among the greatest names in the world of darts and boast more than 1,500 titles between them, including 40 world titles and the first televised perfect nine-dart game.

John Lowe made a major contribution to darts by helping to make it a hugely popular spectator sport in the 70s and 80s. Regarded

as the gentleman of the game, he claimed the World Championship in three decades by winning the title in 1979, 1987 and 1993.

Eric Bristow defeated Bobby George to win his first World Championship in 1980, launching a decade in which he dominated the sport and he is still one of the darts world's most recognisable figures.

A colourful character who became of the UK's best-loved players, Bobby George is considered to be a living legend and has been co-presenting the BBC's World Darts Championships for ten years.

The show starts at 3.30pm and tickets are priced from £12.50. To book, phone 0845 815 9720.

SOUL WEEKENDSaturday and Sunday, August 1-2
The Parade, Margate

MARGATE will prove it has plenty of soul when carnival time rolls around again.

The Soul Weekend boasts performances by charismatic artists that will transport audiences back in time to the great soul weekenders of the late 70s and early 80s. Highlights will include Nu Soul Generation (pictured) with their explosive and dynamic sound that combines Judy Duff's great vocals with horns and rhythm to get toes tapping from the opening bars.

Westcoast's own enigmatic Eli features in the Westcoast Soulstars and the music of Bob Marley will fill the air when top tribute act Legend Live visit Margate in the



midst of a busy European festival tour.

The divas of soul and Motown will receive a note-perfect tribute from the Supreme Queens, while the World Famous Caister Soul DJs Tony Matthews, Peter Collins and Micky B will be on the decks.

There will be entertainment on the Parade from 2pm both days, with the carnival procession starting at Westgate from 3pm on Sunday, followed by a carnival dance at the Winter Gardens at 7pm.

For more details, visit www.margatecarnival.co.uk.

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LIVE & LOCAL**Walk back in time on Roman tour of town**

UNCOVER Dover's Roman heritage by joining a guided walk around the town.

Archaeologist Brian Philp will lead the walking tour of Roman Dover and guided tour of the Roman Painted House on Sunday. Participants should meet at the Roman Painted House in New Street at 2pm, the tour will finish at 4pm.

Entry costs £2/£1. For more information call 01304 203279.

Go crazy for the best in rock music at live gig

GET ready to rock when Crazy Train performs the best of the genre in Dover at the end of the week.

The band started out as an Ozzy Osbourne tribute group but now plays classic rock hits.

Find out more about them at www.my-space.com/crazytrainuk.

Crazy Train will be playing at the King Edward VII in Goschen Road on Friday.

Dock will be rocking to help some good causes

FREE live music and activities will be on offer this weekend at Dock Rock 2009.

The event will be at the Wellington Dock on Dover seafront from noon to about 10pm on Saturday. Admission is free and volunteers from the event's organisers, Burnham House Veterinary Surgery, will collect donations for RNLI Dover Lifeboat, St Martin's Emmaus and Rhodes Minnis Cat Sanctuary.

Be a real Wild Child at National Trust events

THE National Trust is encouraging children to run wild this summer.

Throughout the school holidays and beyond, the National Trust will be running the Wild Child campaign of fun outdoor activities for families at many of its Kent attractions.

There is even an interactive website with more ideas, games and challenges, see www.wild-child.org.uk.

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LEGENDARY: Australian drum and bass superstars Pendulum will be joined by MC Jakes (above right) for the Dubbed Out bank holiday weekend special at the Loft in Maidstone

Pendulum are holiday hits at drum and bass night

AUSTRALIA'S most cherished export since Foster's will headline a stellar night of drum and bass next month.

Pendulum will perform the main DJ set at 666's Dubbed Out Bank Holiday weekend special at The Loft in Maidstone.

The six-piece – famed for big bass hits such as Granite, Propane Nightmares and Slam – will be backed by their UK tour master of ceremonies, MC Jakes, up-and-coming dubstep act 16 Bit and regular Dubbed Out residents Midnight Flight.

More acts are set to be added to the line-up.

■ BY SIMON ROBINSON

A 666 spokesman said: "It's the sixth instalment of Kent's biggest dubstep and drum and bass night.

"Pendulum are fast becoming legendary for their high-driven live shows and their DJ sets match the live band for their innovation and all-round energy.

"And yes, Perth's one and only Pendulum, the hottest drum and bass act on the planet, will be hitting The Loft and smashing out their rolling beats with MC Jakes.

"Expect breakdowns, beats, rewinds, wildly

remade tracks, fresh remixes and crazy, live mixing skills."

There are two 666 club nights at The Loft; the specialist electro/house/rave Spank night and the dubstep/drum and bass/experimental sounds of Dubbed Out.

The next Spank night is on Saturday, August 15, with Jack Beats – featuring the Scratch Perverts' DJ Plus One – taking to the turntables. Support comes from Matt Cox, Twisted DJs and Hijak Allstars.

Dubbed Out takes place on Saturday, August 29.

Get tickets at www.wegottickets.com/event/53563 for just £10. Entry costs £12 on the door.

The night runs from 10pm to 4am.

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- 3 D-Infinitive - Space (from Tenterden)
- 4 Shelta - Lets Talk (from Bexley)
- 5 The Semantics - Soho Nympho (from Gillingham)

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YOUR TV REVIEW

■ BY JAMES ALEXANDRE

HEADSHRINKERS OF THE AMAZON Five
SUPERSIZERS, ANCIENT ROME

BBC Two, 12.20am, Friday

FIVE upped the stakes with Channel 4 in the ever-more-provocative and outrageous programme titles race with its Thursday night offering – Headshrinkers of the Amazon.

Reporter Piers Gibbon found himself in a remote Ecuadorian village in search of shamen, with the possibility that his own brain would come back reduced, rather than enlightened, by the experience.

Fortunately, and perhaps unsurprisingly, he escaped unscathed and the Shuar villagers seemed more than welcoming, no doubt not used to having too many Western visitors these days.

The most disturbing part of it all was archive footage by a Polish explorer, Edmundo Bielawski, of an apparent head-shrinking ritual in motion, which was the cause for Gibbon's foray into the rainforest.

Perhaps this is how people who tune into rolling news coverage feel? The 1960s flickering images from the old film added to the eeriness of it all.

The programme later unravels the continuing black market trade in 'tsantsas' or officially shranked head collectables, all rather gruesome but nevertheless watchable.

The most poignant moment came when Gibbon met the widow of a man who disappeared after criticising the shamen's ritual, never to be seen again.

Definitely thought-provoking, but not while eating your boiled potatoes and green beans.

That particular fare is not something the Supersizers, aka Giles



GRUB'S UP: Sue Perkins and Giles Coren will sample the delights of Roman food this week

Coren and Sue Perkins, will be likely to eat this week as they prepare to feast on the delights of ancient Rome for the last in the series.

They travel back to the early days of the Roman Empire to live on the food of the age and will inhabit a villa and don togas to scoff their faces through the culinary timeline of 44BC to 80AD.

What I like about this show is that even though it sticks to roughly the same formula each week the hosts are funny and the food cooked up for them is always intriguing.

The wartime episode, which showed how people got by on rations, with such delights as potato sandwiches forming part of an average diet, was especially interesting.

For the Rome experience, Italian chef and cookery writer Valentina Harris takes to a marble kitchen to rustle up delights such as the putrid-smelling fish sauce garum, the snack of iguana meat and other treats.

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YOUR WEEK'S HOROSCOPE BY RUSSELL GRANT

AQUARIUS (Jan 21-Feb 19)

DON'T throw your pearls to swine. Although you enjoy being generous with your resources you need to examine the reasons behind this behaviour. The minute you cut off the supply, fair-weather friends will drop you like a hot potato. You never know when your financial luck will run out.

• To find out more about what the stars have in store call Russell on **Aquarius** 09067-531762

TAURUS (Apr 21-May 21)

BUILDING your entire identity on a career isn't the best idea. You need to balance your life with other things. Granted, it's nice to be appreciated at work, but remember things always change. If you are suddenly left out in the cold, you'll need a place to go and lick your wounds.

• To find out more about what the stars have in store call Russell on **Taurus** 09067-531753

LEO (Jul 24-Aug 23)

YOU may be putting too much stock in a close relationship. Being in love will not solve all of your problems. In fact, it can multiply them. You are too strong to be influenced or intimidated by anyone, but getting just the right balance will be a bit of a struggle, but well worth it.

• To find out more about what the stars have in store call Russell on **Leo** 09067-531756

SCORPIO (Oct 24-Nov 22)

YOU might be overreacting to some career pressure. Try keeping this situation in perspective. If your boss asks you to do the impossible, be ready to just say 'no' and explain why. The more rational you are, the easier it will be to compromise. You may be suffering from a lack of love in your life.

• To find out more about what the stars have in store call Russell on **Scorpio** 09067-531759

VIRGO (Aug 24-Sep 23)

OVERINDULGING in food or drink will leave you wacked out. You need to make some sensible choices about what you put into your body. It may be wise to avoid a friend who likes to party hard. If you've fallen into some bad habits, be prepared for someone close to lay the law down.

• To find out more about what the stars have in store call Russell on **Virgo** 09067-531757

SAGITTARIUS (Nov 23-Dec 21)

PROMISING more than you can deliver will get you in trouble. You've always been proud of your total honesty. Think what will happen if people start doubting your word. There may be good intentions behind your vows, but it's important to be realistic about what you can and can't do.

• To find out more about what the stars have in store call Russell on **Sagittarius** 09067-531760

PISCES (Feb 20-Mar 20)

DON'T give people too much credit this week. A secret enemy could be working against your interests. It's best to leave a paper trail of memos and advice notes for all of your work. That way, if somebody tries to take credit for it, you'll be able to prove who the true author is.

• To find out more about what the stars have in store call Russell on **Pisces** 09067-531763

GEMINI (May 22-Jun 22)

YOU may be putting too much trust in an opinion. What's good for one person isn't necessarily right for you. Strive to find your identity in this situation. Settling down to a single relationship or job could make you miserable. Be ready to break ranks for the sake of your own happiness.

• To find out more about what the stars have in store call Russell on **Gemini** 09067-531754

ARIES (Mar 21-Apr 20)

TRYING to fit in with the crowd could be a pain. If you're forced to choose between your conscience and being popular, be true to yourself. Some friends will accuse you of betrayal, but eventually they'll respect your decision. Blurt out a secret could get you in trouble.

• To find out more about what the stars have in store call Russell on **Aries** 09067-531752

CANCER (Jun 23-Jul 23)

IS debt spiralling out of control? It's time to take control of your finances. If you have a business or romantic partner who is being irresponsible with your joint resources, maybe it's time to open a personal account. Having your own nest egg is crucial to your emotional security.

• To find out more about what the stars have in store call Russell on **Cancer** 09067-531755

LIBRA (Sep 24-Oct 23)

IT is possible to have too much fun. Shirking your responsibilities will make friends angry. If you've recently fallen in love, it will be hard to tear yourself away from your lover's side. But make more time for those who were there for you during the single days.

• To find out more about what the stars have in store call Russell on **Libra** 09067-531758

CAPRICORN (Dec 22-Jan 20)

INSISTING others toe your line creates resentment. You need to respect peoples' differences. A placid person's angry outburst is a warning you have gone too far. Try being more sensitive to your surroundings. Listening will help you understand where others are coming from.

• To find out more about what the stars have in store call Russell on **Capricorn** 09067-531761

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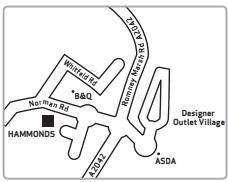
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MY lungs were on fire as I forced one foot in front of the other. If exhaustion didn't get me, a bear might.

Not that I'd seen one on my hour-long hike through the Canadian wilderness, but with plenty of warnings about such beasts in the area I couldn't be too careful.

With lungs gasping for breath, I reached my destination: the source of the waterfall – a sheer stone wall, water bubbling through the gap at its base.

The hike had seemed simple until I realised we were 7,200 feet above sea level. As Ben Nevis is about 4,000 feet, it's little wonder I found it a struggle.

Based at peaceful Mount Engadine Lodge, half an hour's drive from one of Canada's most beautiful towns, Canmore, I was relieved to see our hosts had bear-spray ready to ward off unwanted gatecrashers.

If you want a break from civilisation, it's the perfect retreat.

After two days of picture-postcard views, I headed for Rafter Six Ranch Resort, between Calgary and Banff, for a horse-ride to remember.

This three-and-a-half-hour

■ BY ROGER CROW

trek over tricky terrain made for a memorable, albeit taxing, experience.

The following day was the summer solstice, a time for trying new things, as our yoga guide told us.

Icefield Tours, about two hours' drive from the heart of Banff, offers helicopter rides over some of the world's most breathtaking scenery and I was keen to try heli-yoga.

Our guide Martha was a tribute to the power of yoga. She turned 50 that week but could have passed for mid-30s.

The helicopter flew over aquamarine lakes and a sea of trees framed by the Rockies until we touched down in a deserted field that would have looked at home in Little House On The Prairie.

It was an unlikely setting in which to be practising back-arches or 'saluting the sun'.

While having lunch by a babbling stream, I realised this was one of those rare trips which, unlike some of my yoga moves, was perfectly balanced.

I may not have dropped a decade like my yoga guru did, but days there nudged my clock back a few weeks.

**FACT FILE: CANADA****Time difference** - Five hours (GMT)**Capital** Ottawa**Languages** English and French**Population** 34 million**Currency** £1 = approx C\$1.8**Religion** Roman Catholic and Protestant**Climate** Temperate to arctic**Travel information**

Roger Crow was a guest of Travel Alberta and BA Holidays, which offers seven-night fly-drive packages into Calgary from £814 per person in summer 2009, including return BA flights and Avis inclusive car hire. Ex-Manchester from £876, ex-Glasgow from £874, both via Heathrow. All prices assume two sharing. BA Holidays reservations: 0844 493 0758 and visit ba.com (add £15pp surcharge for telephone bookings). Destination info: www.TravelAlberta.com.

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Exciting courses starting September



PERFORMING ARTS

South Kent College Performing Arts courses will be running in Folkestone from September benefiting from close links with the "Creative Quarter". Students can expect a range of opportunities from using the very latest performance facilities to involvement in street theatre. Within College, students will benefit from the sprung floor dance studio, a refurbished stage and performance area, recording studios (for animation sound tracks, radio plays etc) and a close link with the Music Technology students that enables much wider scope for creativity.

Career opportunities: Acting, directing, stage management, theatre design, teaching, community arts industries or work as a theatre technician.



First Diploma in Performing Arts (BTEC)

Level 2 (Folkestone)

Course Code 1605

An introduction to performing arts including practical projects based around: Acting; devising performance work; jazz dance and performing arts business. This course is particularly suitable for 16-18 year olds.

Full-time - 1 year.

National Diploma in Performing Arts – Acting and Performance (BTEC)

Level 3 (Folkestone)

Course Code 1604

Explore and develop skills in the performing arts industries. Carry out practical projects based on acting, directing, jazz dance, drama improvisation and performing arts business. You can progress onto university or one of the specialist performing arts colleges. **Full-time – 2 years**

WOOD

Diploma in Bench Joinery/ Woodmachining (CSkills)

Level 2 (Folkestone)

Code 1766

Many students think of this course as two qualifications in one. They tell us they love working with wood, building up projects and using the very latest equipment. During this course they learn and practise a range of skills in bench joinery and woodmachining and go on to complete a series of practical projects that demonstrate the knowledge

they have learned.

To join, applicants need to show an interest in carpentry and joinery and complete an interview and screening process.

After you have successfully completed this course you can progress onto an Apprenticeship in Woodmachining or Bench Joinery or enter full-time employment.

Full-time 1 year (a part-time 1 year option is available for experienced candidates).

£250,000 state-of-the-art workshop used on this course.



£250,000 state-of-the-art workshop used on this course.

FURNITURE

Certificate in Creative Craft (Furniture)

(Folkestone)

Course Code 2127

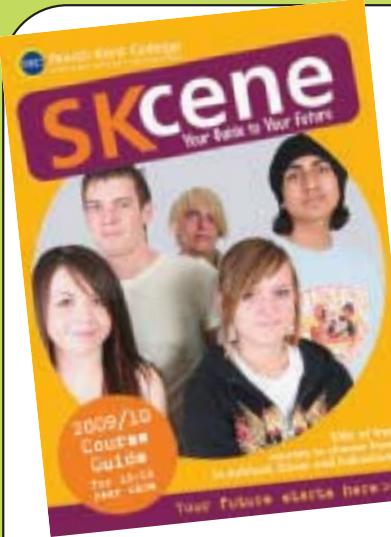
This new course is especially designed for young students (16-18 year olds)* wishing to work towards a career in bespoke furniture, kitchen fitting, furniture design, restoration and repair. In one year the



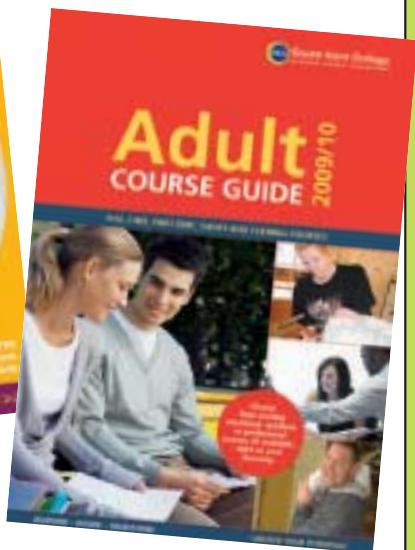
course will build your skills, knowledge and confidence from understanding how to use and maintain tools through to devising, designing and constructing a finished piece. You can progress onto an HNC or HND in Furniture. **Full-time - 1 year.**

*Students 19+ are still welcome

Barry Feldman, tutor, won 4 Gold Medals (team awards) 2005 Chelsea Flower Show for Garden Design including the bench shown here.



If you are a school leaver, request our updated SKcene, detailing all our FREE full-time courses for 16-18 year olds.



If you are 19+ ask for our Adult Course Guide, detailing all of our full-time, evening, part-time and short courses.

All the courses shown here are suitable for school leavers and adults. At South Kent College, all courses for 16-18 year olds are FREE. Adults (19+) may be required to pay fees dependent on the course and their circumstances.

Contact us for more details or an application form

Tel 0845 2078220 Email courseinformation@southkent.ac.uk

visit www.southkent.ac.uk or drop in and see us!

PROPERTY NEWS

Call for regulation of buy-to-let investors

IN a recent poll of 550 mortgage brokers, more than half of respondents said they would like to see buy-to-let regulated by the Financial Services Authority.

A total of 54 per cent expressed that view in the light of the current property prices situation.

Research from mortgage specialist, Exact, also revealed that 63 per cent of brokers estimated that more than 75 per cent of their buy-to-let clients were amateur investors.

For two out of five respondents, the percentage soared to more than 90 per cent of amateur landlords.

Exact's managing director, Alan Cleary, is of the opinion that the ready mortgage finance and credit that existed until 2007 made it too easy for amateurs "without a commercial head on their shoulders" to enter the market.

He said: "It was a mistake to assume that because buy-to-let was viewed as a commercial endeavour, it could be left unregulated.

"The number of amateur landlords in the private rented sector with sizeable portfolios now well under water is proof of the fact."

Don't miss out on cash help for first-timers

FIRST-time buyers are being urged not to miss out on a share of £3.4 million which can help them on to the property ladder.

The money includes £1.7 million of Government funding for an initiative aimed at reducing the cost of homebuying and must be allocated before the end of this year.

"The scheme is called HomeBuy Direct and it dramatically reduces the initial purchase cost of a house and improves your chance of owning your own home," said Tim Nabbs, sales director for Ward Homes.

"We have around £1.7 million of Government funding, together with our own contribution of £1.7 million, which totals £3.4 million that has to be spent on HomeBuy Direct this year."

"I would advise people to come and talk to us to find out if they are eligible and we can answer any queries and help with the paperwork."

The scheme is open to a range of people who don't own their own home.

Households eligible will be earning more than £15,000 and less than £60,000.



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Prices raised as buyers increase in confidence

■ BY NICK AMES

HOME-SELLERS raised their asking prices this month to meet increased demand from buyers, according to the operator of the UK's biggest residential property website.

The average cost of a home rose 0.6 per cent to £227,864 after falling 0.4 per cent in June, Rightmove said in a statement.

The housing market is showing signs of recovery from the worst economic contraction in a generation after officials rescued banks and started printing money.

"With growing confidence that we've passed the bottom, buyers are more active, although they may discover that many of the best buys have gone," Miles Shipside, commercial director of Rightmove, said in the statement.

Seven of ten regions tracked by Rightmove rose this month.

The average number of properties available for sale at each estate agent fell to 70 per cent from 71 in June.

At the same time the number of people looking at property listings on the site is "much higher than we would expect" for this time of year, Rightmove said.

UK mortgage approvals rose to 43,414 in May, up from 27,000 in November, the least since Bank of England data began a decade ago.

The reading is still about a third less than at the start of 2008.

The Bank of England has cut the benchmark interest rate to a record low of 0.5 per cent and is buying £125 billion of bonds with newly-created money to ease lending strains.

Prime Minister Gordon Brown has spent billions of pounds rescuing banks.



"With only seven volume lenders remaining in the lending game, including three Government-backed institutions that are prioritising their balance sheets over new lending, we are set to bump along the bottom for some time yet," Mr Shipside said.

The economy will grow 0.5 per cent next year, up from a previous forecast for a 0.1 per

cent contraction, according to experts who use the same forecasting model as the Treasury.

They predict Gross Domestic Product will drop 4.4 per cent this year, more than an earlier estimate of 3.5 per cent.

Repossessions may total 17,494 in the third quarter, up from 17,049 in the three months through June.

Get deposit to secure mortgage

LOWER house prices should be good news for first-time buyers, but research shows that to secure a mortgage, they need an average deposit of £32,000.

Since the onset of the credit crunch almost two years ago, lenders have significantly tightened their lending criteria and the number of deals has been dwindling.

The best deals are saved for those with a hefty deposit – at least 25 per cent of buyers.

Research from moneysupermarket.com, the price comparison website, shows that some 13 per cent of 18 to 34 year olds are now thinking about buying their first home.

However, just 25 per cent of potential buyers have saved a deposit, which leaves three-quarters wondering where the money will come from. Many are relying on the 'bank of mum and dad'.

The figures show 16 per cent are thinking about taking out a loan to cover the cost of the deposit, but Louise Cuming, head of mortgages at moneysupermarket.com, warns that this is risky.

Ms Cuming said: "Taking out a loan to pay for a mortgage deposit is a dangerous move and must be avoided, even if it means you have to delay buying your first home."

She explained that if the lender discovers where the deposit came from, the mortgage application could be rejected.

In related news, house-builders Bovis, Redrow, Barratt and Persimmon last week highlighted that the lack of mortgage finance continued to hinder a recovery in the housing market.

The latest figures from the Council of Mortgage Lenders show that mortgage lending improved in May.

However, the number of home loans was still 28 per cent lower than it was this time last year.

LEARN HOW ENERGY CONSERVATION IN THE HOME CAN BEAT THE CREDIT CRUNCH. SEARCH MONEY @ propertyforkent.co.uk

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Shepherdswell | Price Range £225,000 - £250,000

- Three Bed Detached Bungalow
- Approximate 18' Lounge/Diner
- Double Glazing, Central Heating, Garage

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Whitfield | Price Range: £205,000 - £235,000

- 4 Bedroom Detached Home
- Planning Permission For Further 1-2 Bedrooms
- Farmland Views

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Dover | Price Range: £205,000 - £235,000

- 11 Bedrooms/Self Contained Living Area
- Various Reception Rooms
- Garden to the Rear

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* Source: 113 offices across the southeast, comparing average sale prices Jan–May 2009



River | Price Range £185,000 - £210,000

- Three Bedrooms
- Sought After Location
- Approx 75' Family Garden

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Whitfield | Price Range £170,000 - £190,000

- 4 bedroom bungalow
- Double Garage/Sought after Location
- Part Exchange Considered

DOVER OFFICE | 01304 214876



Dover | Price Range: £150,000 - £170,000

- 3 Bedrooms
- Lounge/Diner/Garage
- Views Across Dover/No Chain

DOVER OFFICE | 01304 214876



Dover | Price Range: £110,000 - £130,000

- 2 Bed Riverside Apartment
- Secure Gated Parking
- Communal Garden/No Chain

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Dover | Price Range: £80,000 - £100,000

- Two Bedrooms, Rear Garden
- Approximately 21ft Lounge/Diner
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Folkestone: 01303 256505



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knows there is only one
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Talk to the agent getting results

sales

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mortgages

SALES

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- Bathroom And Downstairs W/C

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- Park Home • Three Bedrooms
- Lounge/Dining room

DOVER £185,000



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- Three Bedrooms • Gas Heating
- Fitted Kitchen • Lounge

DOVER £119,995



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- Purpose Built Flat • Two Bedrooms
- Fitted Kitchen • Balcony

RIVER £385,000



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- Four Bedrooms • Two Receptions
- Fitted Kitchen • Gardens

SHOLDEN £249,000



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- Barn Conversion • Two Bedrooms
- Private Estate • Vaulted Ceilings

DEAL £139,995



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- Gardens • Garage To Rear

LETTINGS

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- 2 bed flat • West End location • Gas central heating • Close to town centre

DEAL £525 PCM



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- Unfurnished Close To Schools
- Parking • Garden • Gas C/H

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- 4 bed house • Modern throughout
- Very sought after location • Garage

WALMER £400 PCM



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- LOUNGE, KITCHEN/DINER
- GARDEN



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- OSP
- NO FORWARD CHAIN



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- SUBSTANTIAL DETACHED FAMILY HOME
- VERSATILE SPACE, CURRENTLY 8 BEDS
- SOUTHERLY ASPECT GARDEN, PARKING



WEST END £179,950

FOLKESTONE OFFICE HFP03004

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- PRIVATE REAR GARDEN
- CELLAR & NO CHAIN



WEST END £179,995

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Folkestone Office HFP02473

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- NO FORWARD CHAIN
- SOME WORKS REQUIRED



SANDGATE £195,000

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- SEA VIEWS & BALCONY
- NO CHAIN



WEST END £134,995

FOLKESTONE OFFICE HFP02993

- NEW 2 BEDROOM APARTMENT
- LARGE ROOMS
- NO CHAIN



FOLKESTONE £164,995

FOLKESTONE OFFICE HFP02977

- 3 BEDROOM SEMI DETACHED
- OFF ROAD PARKING
- REAR GARDEN, GCH, DG



CHERITON £219,995

FOLKESTONE OFFICE HFP03010

- 3 BED DETACHED
- GARAGE & DRIVEWAY
- PRIVATE REAR GARDEN



WEST END £104,995

FOLKESTONE OFFICE HFP03009

- 2 BED APARTMENT
- ON EDGE OF TOWN CENTRE
- NO CHAIN



ST MARGARETS AT CLIFFE £179,995

FOLKESTONE OFFICE HFP03037

- 4 BED END OF TERRACE
- LARGE CORNER PLOT
- RURAL VIEWS



BROADMEAD VILLAGE £325,000

FOLKESTONE OFFICE HFP02980

- 4 BEDROOM DETACHED HOUSE
- 2 RECEPTION & 2 BATHROOMS
- GARAGE, NO ONWARD CHAIN



FOLKESTONE £134,995

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FOLKESTONE OFFICE HFP02971

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- 2 BATHROOMS & LARGE GARDEN
- EXTENSIVELY MODERNISED



FOLKESTONE £209,995

FOLKESTONE OFFICE HFP03031

- 3 BED SEMI DETACHED BUNGALOW
- OSP AND GARAGE
- 110FT REAR GARDEN



WEST END £114,995

FOLKESTONE OFFICE HFP03038

- SUPERB ONE BED FLAT
- KITCHEN/DINER
- HIGH STANDARD / NO CHAIN



FOLKESTONE OIEO £89,995

FOLKESTONE OFFICE HFP02306

- LOVELY GROUND FLOOR APARTMENT
- OWN GARDEN APPROX 70FT
- PERFECT FIRST TIME BUY



WEST END £144,950

FOLKESTONE OFFICE HFP02526

- 3 BEDROOMS TOP FLOOR FLAT
- VIEWS OVER GRIMSTON GARDENS
- NO CHAIN, SHARE OF FREEHOLD



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CAPEL LE FERNE £214,995

FOLKESTONE OFFICE HFP03021

- 3 BED SEMI DETACHED BUNGALOW
- 18' BRICK BUILT OUTBUILDING
- OSP AND GARAGE



FOLKESTONE £224,995

FOLKESTONE OFFICE HFP02945

- THREE BEDROOM DETACHED
- FANTASTICALLY FINISHED
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SANDGATE ROAD £104,995

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DOVER £139,995

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• LARGE GARDEN
• NO CHAIN

FOLKESTONE £164,995
FOLKESTONE OFFICE HFP02970
• 4 BEDROOM MID-TERRACED
• 2 RECEPTION ROOMS
• NO CHAIN

SANDGATE £274,995
FOLKESTONE OFFICE HFP03016
• 4 BEDROOM MID TERRACED
• SUPERB G/FLOOR CONVERSION
• SEA VIEWS & NO CHAIN

FOLKESTONE £130,000
FOLKESTONE OFFICE HFP02631
• ONE BEDROOM SEAFRONT APARTMENT
• SUPERB SEA FRONT LOCATION
• EXCELLENT ORDER THROUGHOUT

FOLKESTONE £220,000
FOLKESTONE OFFICE HFP02270
• V.LARGE APARTMENT, GOOD LOCATION
• TWO BEDROOMS/TWO RECEPTIONS
• STUDY/OWN PRIVATE REAR GARDEN

ELVINGTON £140,000
FOLKESTONE OFFICE HFP02870
• TWO BEDROOMS
• GARAGE & PARKING
• NO CHAIN

HAWKINGE £205,000
FOLKESTONE OFFICE HFP02738
• MODERN 3 BEDROOM DETACHED
• 2 RECEPTIONS, CLOAKROOM
• EN SUITE & GARAGE/DRIVEWAY

FOLKESTONE £180,000
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• GARAGE & OFF RD PARKING
• SOUTH FACING REAR GARDEN

FOLKESTONE £134,995
FOLKESTONE OFFICE HFP02515
• 4 BEDROOM FAMILY HOME
• 2 RECEPTIONS, MODERN KITCHEN
• WELL PRESENTED, CALL TO VIEW

CAPEL LE FERNE £174,995
FOLKESTONE OFFICE HFP02754
• 3 BEDROOM HOUSE
• OFF ROAD PARKING
• RECENTLY RENOVATED

DOVER £119,995
FOLKESTONE OFFICE HFP03020
• 2 BED TERRACED HOUSE
• 2 RECEPTION ROOMS
• LARGE REAR GARDEN

TOWN CENTRE £105,000
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• ONE BEDROOM APARTMENT
• NEWLY BUILT
• NO CHAIN

FOLKESTONE £119,995
FOLKESTONE OFFICE HFP03023
• 2 BEDROOM TERRACED HOUSE
• 2 RECEPTION ROOMS
• 4 PIECE BATHROOM

CHERITON £184,995
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• 2 BED DETACHED BUNGALOW
• SOUTH FACING REAR GARDEN
• NO CHAIN & PARKING

CHERITON £289,995
FOLKESTONE OFFICE HFP02986
• 4 BEDROOM DETACHED HOUSE
• OFF ROAD PARKING
• LARGE REAR GARDEN

DOVER £110,995
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• THREE BEDROOMS
• OFF STREET PARKING
• NO CHAIN

FOLKESTONE £114,995
FOLKESTONE OFFICE HFP03005
• 3 BEDROOM TERRACED
• 2 RECEPTION ROOMS
• KITCHEN & UTILITY ROOM

WEST END £169,950
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• LOTS OF FEATURES
• SHARED GARDEN & NO CHAIN

CHERITON £195,000
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• SUPERB 3 BEDROOM HOUSE
• 2 BATHROOMS
• GARAGE & NO CHAIN

WEST END £119,950
FOLKESTONE OFFICE HFP02709
• TOP FLOOR FLAT
• TWO BEDROOMS
• CHIAN FREE

HAWKINGE £254,995
FOLKESTONE OFFICE HFP03036
• 4 BEDROOM DETACHED
• 3 BATHROOMS
• OFF RD PARKING & GARAGE

DOVER £114,995
FOLKESTONE OFFICE HFP03034
• 2 BEDROOM TERRACED
• SUPERB DECORATIVE ORDER
• LARGE REAR GARDEN

CHERITON £99,995
FOLKESTONE OFFICE HFP03001
• ONE BEDROOM APARTMENT
• RECENTLY REFURBISHED
• NO CHAIN

THE LEAS £310,000
FOLKESTONE OFFICE HFP02671
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• 4 BEDROOMS, 2 RECEPTIONS
• SPACIOUS ENTRANCE HALL

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Eythorne

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Folkestone

Seven bedroom semi detached family home. Three reception rooms. Two bathrooms. Popular residential area.

£329,995



Castle Avenue

£105,000

One bedroom ground floor flat. Sitting room/dining room. Castle Ward area. Gas central heating. Off-road parking. Viewing recommended.



Folkestone

£124,995

Must view three bedroom maisonette in the heart of Cheriton with modern fitted kitchen and bathroom. The property also benefits from an allocated parking space.



River

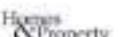
£169,995

A three bedroom semi detached house. Porch, Lounge, Dining room, Kitchen, Bathroom, Garage and Garden. Early viewing is highly recommended.

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Ringwould

OIEO £225,000

Four bedroom double fronted house. Lounge/Diner, Kitchen, Utility room and Downstairs WC. The first floor offers shower area to Master Bedroom. Side garden, central heating.



Queens Road, Lydd

£149,995

Three bedroom semi-detached cottage having undergone many improvements. Lounge and dining room. Modern kitchen and bathroom. Gardens to side and rear. Views across The Rye.



Eythorne

OIEO £145,000

Two bedroom terrace cottage in village location with rear garden and off road parking. Viewing recommended.



Folkestone

£192,000

Spacious Four Bedroom Terraced House. Utility Room & Cloakroom. Lounge, Dining Room & Conservatory. Cheriton Location.



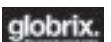
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£239,995 Freehold

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OIEO £50,000

Investment opportunity. One bedroom ground floor flat. No chain.



£94,995

Top floor maisonette with two bedrooms, double glazing, gas central heating and garage.



£99,995

Two bedroom terrace house with double glazing and gas central heating. Ideal first purchase.



10 Old Park Road, Dover, Kent, CT16 2AQ
We are acting for the mortgagees and have received an offer of £112,500 on the above property. Any interested parties must submit any higher offers in writing to the selling agent before an exchange of contracts takes place.



£129,995

Three bedroom terrace house with two reception areas, double glazing, gas heating, rear garden.



£130,000

Three bedroom semi detached house with utility area and conservatory.



£134,995

Two bedroom semi detached bungalow with two reception rooms, double glazing, gas central heating and parking.



£137,500

Two bedroom chalet bungalow, two reception rooms, utility room, double glazing, central heating, gardens.



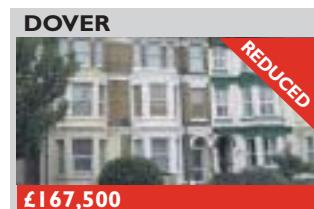
£140,000

Two bedroom semi detached house with double glazing, gas central heating and garden.



£162,500

Two bedroom apartment over two floors with roof terrace and galleried landing. gas central heating.



£167,500

Four bedroom character property with two reception rooms, double glazing, gas central heating and garden.



£175,000

Three bedroom semi detached house with double glazing, gas central heating, gardens and garage.



£250,000

Internal viewing is highly recommended to appreciate the character of this three bedroom former coach house.

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£295,000

Three/Four Bedroom Town House, Sandgate Location, Sea Views, No onward Chain.



£265,000

Three bedrooms. Detached chalet style bungalow. Popular location. Off-road parking and garage.



£139,950

Three bedroom second floor flat with double glazing, gas central heating and private parking



£139,995

Newly refurbished two bedroom terrace house with fitted kitchen appliances and new carpets throughout.



£189,995

Much improved, fitted kitchen, modern bathroom, extended garage/utility and landscaped gardens.



£250,000

Well presented semi detached family home, cleverly designed, independent one bedroom annexe. Landscaped gardens.



£149,950

Three bedroom ground floor flat situated in the sought after 'West End'. Cloakroom and dressing room.



£239,995

Four bedroom house with conservatory, utility room, double glazing, gas central heating, gardens and garage.



OIEO £275,000

Four bedroom house, three floors. Fitted kitchen, breakfast room, study, cloakroom, cellar, ensuite and two bathrooms.



£149,995

Two bedroom terrace house with two reception rooms, double glazing, gas central heating, rear garden, workshop.



£295,000

Bay fronted semi that has undergone modernisation and refurbishment. Four floors mostly double glazed, CH.



£395,000

Lounge, dining room, kitchen, utility, three bedrooms, two en suites, delightful gardens, off road parking.



£179,995

GF apartment which was the show flat. Two bedrooms one with en-suite, lounge/diner, fitted kitchen & bathroom.

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From.....£360pcm

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 • New Build
 • Sorry - No DSS
From.....£525pcm

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Old Town, Margate



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 • Short Walk To The Beach
From.....£550pcm

Turner Heights, Cliftonville



• 2 Bedroom Apartment
 • Integrated Appliances
 • New Decor
From.....£550pcm

Redhill Road, Westgate



• 3 Bedroom semi-detached
 • Modern Decor
 • Available August 09
From.....£700pcm

MOTORS NEWS



Different strengths of Euro and Japanese cars

HONDA and Skoda hit the heights in a survey by extended guarantee insurance specialist, Warranty Direct, of the most reliable three to six-year-old cars.

The Japanese brand emerged as the least likely to break down, while Mazda, Toyota, Subaru, Nissan and Mitsubishi also figured in the top ten.

But when it came to the cost of repairs, Czech brand Skoda was cheapest with an annual bill averaging £215.94. Other European marques also tended to be easier on the pocket once they went wrong.



Some tempting deals on wheels from Nissan

NISSAN is tempting recession-hit consumers with a range of compelling deals until September 30, including a £1,000 discount on the newly launched five-door Pixo (from £5,995) city car.

This comes on top of low emissions qualifying the car for £35/year road tax fee and an average of 60+mpg.

Special editions of the low-cost Micra and Note (pictured) hatchbacks offer high-spec n-tec trim and Nissan is also making low deposit zero per cent finance and personal contract deals available across many models, as well as Government-sponsored scrappage offers.



Ceed seen in new light

KIA has unveiled a smart new look for its popular Ceed family hatchback and, in doing so, confirmed the Korean brand's new corporate face.

The mid-life facelift refreshes both the inside and outside of the car that has put Kia on the map with UK buyers in the past couple of years, helped by an astonishing seven-year warranty.

The new-look car should appear in showrooms later this summer and will herald more new Kia models – with the smarter front end – early next year.



SHAPE-SHIFTER: Seat has basically taken the previous generation Audi A4 and reworked it to produce the reborn Exeo, saving it the costs of developing an entirely new car

The audacious planning of 'Audi for Seat money'

ROAD TEST SEAT EXEO

■ BY STEVE LOADER

STAR QUALITY

Driving appeal



Image



Space



Value



Running costs



Reliability



Green rating



Despite a Seat grille and some styling tweaks, it can't help looking like a 'dodgy Audi' or suffering from the A4's relatively cramped rear seating. But this is quibbling when compared with the benefits: pricing, peerless build quality, safety, reliability, a high quality cabin – ported over from the even more premium A4 Cabriolet rather than the saloon/estate – a decent boot and a terrific drive.

The last deserves most praise; Seat engineers chose to change the sporty chassis set-up of the Audi, which could be irritatingly firm in everyday use. There is still a Sport option, but our test car had Seat's standard set-up, which delivers a refined ride and responsive handling even on challenging roads.

Our mid-range SE spec car, with its entry level 2.0-litre 143PS/141bhp turbodiesel (£18,340) and six-speed gearbox also impressed with its liveliness, excellent cabin refinement and motorway composure – it should also average more than 50mpg.

Equipment levels are lavish, with our SE including cruise control, iPod/MP3 port, Bluetooth phone connectivity and voice control, rain sensing wipers, dual-zone climate control and smart alloys.



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USED CAR ROUND-UP: OUR PICK FROM A KEY SECTOR

MERCEDES E-CLASS



MAYBE it is the most staid of our trio, but the E-Class claims the highest swank value. Nothing beats a three-pointed star on the bonnet at this level. Reliability and quality has been excellent, though the halo slipped on the previous 2002-2009 range (pictured) until a facelift in 2006. Ride and handling is more in the 'comfort zone', but the E-Class is nimble enough and the estate is a cavernous and luxurious load-lugger. Excellent diesel engines complete a tempting package.

STAR QUALITY

Driving appeal	★★★★★
Looks and image	★★★★★
Space	★★★★★
Value	★★★★★
Running costs	★★★★★
Reliability	★★★★★
Quality	★★★★★

GERMAN EXECUTIVE CLASS

HIGHER road taxes and fuel prices have hit values for used executive models in the management class, making them prime targets for buyers covering low mileages and looking for a bit of class and luxury. Our choice is three German rivals synonymous with executive success, stylish and surprisingly cheap to maintain due to the upfront build quality. Do your research and take the test drives before driving away smoothly in a premium bargain, snug in the knowledge that someone else or a company has borne the brunt of early depreciation.

AUDI A6



UNTIL the current A6 range, Audi's 'management motor' struggled to match its German rivals for style and image, though fit and finish was beyond reproach. However, examples built before the current 2004 line-up (pictured) can still be incredible bargains. Unless you buy the more expensive quattro versions though, an A6 means front-wheel drive. Ride and comfort also tends towards hard and 'sporting', but the A6 offers excellent powertrains, particularly diesels.

STAR QUALITY

Driving appeal	★★★★★
Looks and image	★★★★★
Space	★★★★★
Value	★★★★★
Running costs	★★★★★
Reliability	★★★★★
Quality	★★★★★

BMW 5-SERIES



BMW and its charismatic badge enjoy the most aspirational image with buyers and much credit goes to the 5-Series – a big car yet famed for its handling. The previous incarnation (pictured) laid the foundations for that and many people still prefer its reserved styling to the looks of its successor. The 5-Series also boasts some excellent engines, though chronically underpowered four-cylinder petrol ex-company car variants are best avoided – whatever the price.

STAR QUALITY

Driving appeal	★★★★★
Looks and image	★★★★★
Space	★★★★★
Value	★★★★★
Running costs	★★★★★
Reliability	★★★★★
Quality	★★★★★

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L200, Double Cab 2.5 Td Trojan, ej65ych, abs, adjustable seats, adjustable steering column/wheel, air conditioning, alloy wheels, central locking, computer, electric mirrors, electric windows, foglights, head restraints, leather seats, locking wheel nuts, power assisted steering, remote locking, silver, 27000 miles, £8995, Sittingbourne, 01795 429802 (TRADE)

LANCER, 1.6 Elegance 4dr Auto, ly05rvf, abs, adjustable seats, adjustable steering column/wheel, air conditioning, alloy wheels, central locking, computer, driver airbag, electric mirrors, electric windows, foglights, head restraints, folding rear seats, leather seats, immobiliser, passenger airbag, power assisted steering, radio/cd, rear headrests, insurance group:9, silver, 15250 miles, £4995, Sittingbourne, 01795 429802 (TRADE)

LANCER, 2.0 DI-DC Warrior 5dr 09, 2000 miles, £17995, Sittingbourne, 01795 429802 (TRADE)

OUTLANDER, II 2.0 DI-DC Warrior 5dr "Leather", wd03by, electric mirrors, leather gearknob, tinted windows, airbag double + side, cd player, fog lights, electric/driver mirrors, metallic paint, leather steering wheel, 18 light alloy wheels, adjustable seat height, air-conditioning, board computer, silver, 3000 miles, £18495, Sittingbourne, 01795 429802 (TRADE)

NISSAN

350Z, 3.5 V6 GT Pack, m157vzp, leather, charcoal, 18" alloy wheels, 6 cd autochanger, air-conditioning, alarm, base audio system, brembo disc brakes, climate control air conditioning, cruise control, electric heated front seats, electronic stability program (esp), front side and curtain airbags, power assisted steering (pas), remote control keyless entry, trip computer, xenon headlamps, universal solor, 9000 miles, £18495-0000, Canterbury, 01227 766777 (TRADE)

ALMERA, 2.20 se+, 2001, silver, 0 miles, £2995, Dover, 01304 242324 (TRADE)

NP300, 2.5dCi 133 4x4, oy58wbm, cloth, grey, chrome front grille, driver's airbag, electric front windows, external lashing hooks, front fog lamps, nato immobiliser system, passenger airbag, power assisted steering (pas), single cd player, tilt adjustable steering wheel, alabaster white, 3000 miles, £10955,0000, Canterbury, 01227 766777 (TRADE)

PRIMERA, Si, 1997, red, 0 miles, £995, Dover, 01304 242324 (TRADE)

PEUGEOT

206, GTi 1.6 HDI 110ps, 2005, moonstone silver with black leather, 51000 miles, £5995, Strood, 01634 296688 (TRADE)

206, GTi 2.0 16v, 2005, silver with charcoal leather, 28000 miles, £5495, Strood, 01634 296688 (TRADE)

206, hdi, 2002, grey, 0 miles, £3595, Dover, 01304 242324 (TRADE)

207, S 1.4 Hdi, 2006, grey metallic with charcoal trim, 46000 miles, £5995, Strood, 01634 296688 (TRADE)

306, ix, 2000, green, 50166 miles, £1895, Dover, 01304 242324 (TRADE)

306, ix, 2000, green, 0 miles, £1295, Dover, 01304 242324 (TRADE)

406, v6, 2000, silver, 0 miles, £1295, Dover, 01304 242324 (TRADE)

406, LX HDI 110 diesel cheap tax, 2001, silver, 14798 miles, £1595, Dover, 01304 242324 (TRADE)

PROTON

SAVVY, 1.2 Style 5dr, rx06cxg, adjustable seats, air conditioning, alloy wheels, driver airbag, electric windows, foglights, head restraints, folding rear seats, immobiliser, park distance control, passenger airbag, power assisted steering, remote locking, radio/cd, rear headrests, red, 17500 miles, £4495, Sittingbourne, 01795 429802 (TRADE)

RENAULT

CLIO, 1.4 16V Dynamique S 3dr Air Conditioning, gk55uca, adjustable steering column/wheel, alloy wheels, computer, driver airbag, electric mirrors, electric windows, head restraints, headlight washers, folding rear seats, immobiliser, passenger airbag, power assisted steering, remote locking, side airbags, radio/cd, rear headrests, silver, 19000 miles, £5995, Sittingbourne, 01795 429802 (TRADE)

electric mirrors, electric windows, foglights, head restraints, folding rear seats, immobiliser, passenger airbag, power assisted steering, remote locking, side airbags, radio/cd, rear headrests, insurance group:3, black, 1400 miles, £10495, Sittingbourne, 01795 429802 (TRADE)

LAGUNA, 2.0 16V Initiale 5dr, gl08fhb, adjustable seats, adjustable steering column/wheel, alloy wheels, central locking, climate control, computer, cruise control, driver airbag, electric mirrors, electric windows, foglights, front armrest, electrically adjustable seats, head restraints, headlight washers, folding rear seats, heated seats, leather seats, lumbar support, immobiliser, navigation system, park distance control, passenger airbag, power assisted steering, rear armrest, remote locking, side airbags, radio/cd, rear headrests, insurance group:3, black, 1400 miles, £10495, Sittingbourne, 01795 429802 (TRADE)

LEON, 1.9 TTDI Reference, 2007, silver with charcoal trim, 34000 miles, £7995, Strood, 01634 296688 (TRADE)

SMART

FORTWO, 1.5 cdi passion diesel, 2006, blue and silver with grey cloth interior, 14000 miles, £6850, Kent, 01795426700 (TRADE)

FORTWO CABRIO PASSION, 2009, silver metallic, 4000 miles, £8699, Maidstone, 0845 481 6488 (TRADE)

FORTWO COUPÉ GRANDSTYLE, 2005, jack black, 32037 miles, £6299, Maidstone, 0845 481 6488 (TRADE)

FORTWO COUPÉ PASSION, 2008, silver metallic, 5000 miles, £7499, Maidstone, 0845 481 6488 (TRADE)

FORTWO COUPÉ PULSE, 2008, deep black, 5000 miles, £6599, Maidstone, 0845 481 6488 (TRADE)

FORTWO COUPÉ PURE, 2009, ice white, 2500 miles, £6999, Maidstone, 0845 481 6488 (TRADE)

SUZUKI

SWIFT, 1.3 GL 3dr, gl07zby, abs, adjustable seats, driver airbag, electric mirrors, electric windows, head restraints, folding rear seats, immobiliser, passenger airbag, power assisted steering, remote locking, side airbags, radio/cd, rear headrests, silver, 16270 miles, £6195, Sittingbourne, 01795 429802 (TRADE)

SWIFT, 1.3 GL 3dr, gl07zby, abs, adjustable seats, driver airbag, electric mirrors, electric windows, head restraints, folding rear seats, immobiliser, passenger airbag, power assisted steering, remote locking, side airbags, radio/cd, rear headrests, silver, 16270 miles, £6195, Sittingbourne, 01795 429802 (TRADE)

TOYOTA

COROLLA, VIDA VVTi 1.4 petrol, 2000, red, 120000 miles, £1495, Dover, 01304 242324 (TRADE)

SEADOO

XP, BOMBARDIER, 1997, yellow, 0 miles, £1695, Dover, 01304 242324 (TRADE)

SEAT

IBIZA, 1.9 TDI Reference, 2007, silver with charcoal trim, 34000 miles, £7995, Strood, 01634 296688 (TRADE)

SMART

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COROLLA VERSO, 2005, red metallic with charcoal luxury trim, 42000 miles, £7495, Strood, 01634 296688 (TRADE)

YARIS, 1.3 VVT-i TR 5dr 2008, cd player central locking approved driver's airbag multiple airbags power steering history check electric windows, green spirit, 3725 miles, £11495, Sittingbourne, 01795 476222 (TRADE)

ASTRA, 1.6 16v 5dr 2008, cd player central locking approved driver's airbag multiple airbags power steering history check electric windows, star silver, 3725 miles, £11495, Sittingbourne, 01795 476222 (TRADE)

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Foster carers wanted

The Caldecott Foundation, which cares for vulnerable children who have experienced extreme trauma and disruption, seeks dedicated and highly motivated foster carers. Comprehensive training and support given, plus excellent rates of pay. **Contact Jamie Bromfield or** **Erica Eversfield on 01303 815648 or email** fostering@caldecottfoundation.co.uk

The Caldecott Foundation, Smeeth, Ashford, Kent TN25 6SP.



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As a result of a recent increase in our workload, qualified painters/decorators are required. Applicants must be apprenticed trained and have a sound knowledge of their trade. Having own transport and tools will be an advantage. *Apply in writing enclosing CV and references*

Tel: 01303 268211 Fax: 01303 268661
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Telephone 01303 872289 For more information and application form

All applicants will be required to complete a criminal records bureau check

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5 years experience with managing care homes for the elderly. Full understanding of regulation legislation. Management and budgetary skills. Salary to be negotiated depending on experience.

RGN/RMN

Minimum experience 2 years after registration with NMC. Good communication skills. Full Time or Part Time.

If Work Permit required, can be arranged. Salary to be negotiated depending on experience.

Please contact Kate Sheppard for more information
Applecroft Care Home
Sanctuary Close, River, Dover CT17 0ER
Tel: 01304 821331 - Fax: 01304 821551

Administrator

The AA Clifton Ltd group of companies are a small group of family businesses operating at a quick pace. The role is for someone who is honest, responsible, hardworking, but above all flexible.

This would be a part-time role to complete the business accounts and general administration of the companies.

The role would fall under the responsibility and supervision of the office manager, in the various secretarial and office functions.

Other related duties may be assigned at the discretion of the office manager.

For more information, please email: alan@aaclifton.ltd.uk or write to:



Sales and Marketing Manager – OTE £21k

Membership Advisor F/T – OTE £16k

Membership Advisor P/T – 16 Hours – OTE £16k Pro-rata

Bannatynes Health Clubs are the largest independently owned health club operator in the UK. All roles require highly motivated, positive individuals possessing excellent interpersonal skills and the ability to promote our Premier Health Club in Ashford. The successful candidates will be required to work well within a team whilst working shifts and also be good with figures. Previous experience within the leisure industry is not essential. So if you enjoy working with the public, are dedicated, enthusiastic and passionate about the business and would like to get more out of life then simply apply now!

Please email CV and covering letter to robsnow@bannatyne.co.uk closing date 26th July 2009.

KOS Media is a highly successful newspaper publisher within Kent, that has received many awards from the newspaper industry.

We now have vacancies in our Production Department for experienced

Mac Operators (Weekends)

We are looking for experienced, confident and self-motivated team players, preferably with newspaper experience, who are seeking to further their career within the industry. The individual must have relevant Mac experience, including knowledge of Quark, Photoshop and Illustrator.

The position involves creating visuals for customers, ad setting, including property and motors, creating classified sections and make-up of pages to be sent to our printers.

The candidate should be able to work under pressure, meet strict deadlines and be eager to work within a team environment to ensure the smooth operation of our fast-paced production department.

Hours will be Friday to Monday.

Previous applicants need not apply.

To apply, send a CV and covering letter to: Personnel

KOS Media

Apple Barn

Hythe Road, Smeeth

Kent TN25 6SR

or email: personnel@kosmedia.co.uk



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With campuses in Ashford, Folkestone and Dover, South Kent College offers a wide range of courses from Entry Level to Level 7 and caters for over 10,000 students of all ages. We currently have the following opportunities at our Folkestone campus:

Lecturer – Multi Crafts

(Fixed Term until 16/07/2010) Variable Hours

Ref: T1388 & T1394

Main duties include teaching theoretical and practical aspects to full and part-time students at all levels of ability and across a wide age range in the Multi Crafts area, particularly in Painting & Decorating or Bricklaying. You will prepare and deliver lectures and prepare and mark assessments, projects and tests and be committed to student success. You may also be expected to teach basic aspects of some other trade areas such as Plastering and Plumbing.

You will have NVQ Level 3 or equivalent in Painting & Decorating or Bricklaying. A teaching qualification e.g. Certificate in Education, DTTLS or equivalent and Assessor Awards (A1, V1) or willingness to achieve these upon appointment. Recent and relevant industrial experience in general building is required, as well as demonstrable in-depth knowledge of your trade area.

The closing date for receipt of applications is Thursday 30th July. Interviews will be held on Friday 7th August.

For further information or an application pack please contact the Human Resources Department on 0845 207 8222 (24 hour answerphone), email: humanresources@southkent.ac.uk or visit www.southkent.ac.uk

All posts are subject to a disclosure check by the Criminal Records Bureau. We are committed to safeguarding and promoting the welfare of children and young people and expect all employees to share this commitment. Applications are welcome from suitably qualified candidates regardless of ethnicity, gender, age, disability, sexuality or religion.



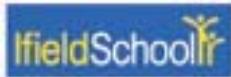
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The successful candidate will need to be flexible and self-motivated, have good communication skills and a valid mini-bus licence.

For a job description and application form please contact the headteacher;

Mrs Pam Jones.

Website: www.ifieldschool.com

E-mail: ifieldschool@aol.com

Closing date: 17th August 2009

Ifield School is committed to safeguarding and promoting the welfare of children and young people. Appointment to this position will be subject to an enhanced Criminal Records Bureau Disclosure check.

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Area Manager

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We are seeking to appoint an Area Manager to join our senior management team in Kent. The role is to ensure the Registered Managers are supported and developed in delivering a high level of childcare within our residential homes across Kent and into SE London

Essential Specification:

A firm foundation in childcare with a Dip.SW / RMA or equivalent qualification.

Substantial knowledge and experience of supporting children who 'are looked after' and the ECM Framework.

Previous Residential / Social work management experience.

A good knowledge and working understanding of National Minimum Standards and the Ofsted inspection process.

Strong motivation and leadership skills.

This role offers an excellent salary (dependant on knowledge and qualifications) and benefit package.

Home Managers

Wanting to further your career? We invite applications from knowledgeable and qualified candidates for this role to ensure that our high level of care practice is maintained within existing staff teams. You will be responsible for ensuring that you lead and develop your team, to meet our expectations on the service our organisation support.

The role offers good salary and benefit packages, including Health Plan, Pension and support from Area Managers.

Please contact the Personnel Department for an application form:
Cheesemans Farmhouse, Alland Grange Lane, Manston, Kent, CT12 5BZ
01843 823762 or email jackie.brandon@ethelberthomes.co.uk

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MidKent College

MidKent College based in the Medway Towns and Maidstone is seeking to appoint an outstanding individual in the following area:

Hourly Paid Lecturers

MidKent College based in the Medway Towns and Maidstone is seeking to appoint outstanding individuals in the following areas:

Sessional Lecturers

Hourly rate: £20.37 - £27.17

Beauty Therapy

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Carpentry

Public Services

Business Management (Higher Education)

Catering

Biology

Psychology

Electrical Installation

Health Care

Child Care

Sport

Brickwork

Sociology

Chemistry

Closing date: Friday 14 August 2009

MidKent College is working in partnership with RBLI Employment Solutions to support individuals who have a disability or health condition in the application, interview and employment with the college. If you would like any further information regarding RBLI, or require assistance with your application process then please contact RBLI on 0800 783 1144 or visit their website www.rbli.co.uk for information, advice and guidance.

The College is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. Any offer of employment is subject to a Criminal Records Bureau check in accordance with the College procedure.

Application forms and further details are available from www.midkent.ac.uk. Alternatively, please e-mail job.applications@midkent.ac.uk. For individuals without access to e-mail or the internet please call the HR department on 01634 884402 (24 hour answer machine). In all communication with the College please quote the appropriate job title and reference number.

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Career Opportunities



Sheppery College is an equal opportunities employer

Sheppery College is a satellite of Canterbury College and has been open since 1996. We offer a variety of courses in a modern and friendly learning environment and enjoy excellent rates of success.

Vocational Team Leader Construction

SH/VCT5

18.5 hours per week, salary starting at £27,209 pro rata per annum.

Lecturer Hairdressing

09/46 & 09/47

2 x posts at 18.5 hours per week, salary range £18,387 - £26,363 pro rata per annum.
One Year Fixed Term Posts.

Lecturer Construction

09/48

18.5 hours per week, salary range £18,387 - £26,363 pro rata per annum.

Lecturer Administration

09/49

9.25 hours per week, salary range £18,387 - £26,363 pro rata per annum.

Lecturer ICT

09/50

9.25 hours per week, salary range £18,387 - £26,363 pro rata per annum.

Trainer Demonstrator Construction

07/07

18.5 hours per week, 38 weeks term time. Salary starting at £18,963 pro rata per annum.

The closing date for the above posts is Monday 03 August 2009 at 12 noon

For an information pack please visit www.canterburycollege.ac.uk or call the Human Resources Office on 01227 811282 (24 hr answerphone) quoting the above reference.

Staff benefits include:

- Pension & Life Assurance Scheme
- Proximity to main bus & train stations
- Generous Holiday Allowance
- Close to Town Centre



www.canterburycollege.ac.uk/job-vacancies



01227 811282 (24 hr answerphone)





Marketing Co-ordinator

We require a hands-on professional with a dynamic flair for marketing and promotions, from strategy through to the delivery of campaigns, internal/external advertising and events.

You will be expected to provide a clear track record of successful marketing initiatives and, in working closely with the General Manager, bring with you not only an endless amount of energy but also commercially astute business acumen.

A competitive package is available for the successful candidate, along with other benefits.

To apply please email a covering letter and your CV to

Martin McNamara at gm@hildenpark.co.uk

Closing Date: 2nd August 2009

To advertise in this section



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Please quote ref: KOS08

Closing date: 12 noon on Tuesday 4th August 2009



MidKent College

MidKent College based in the Medway Towns and Maidstone is seeking to appoint outstanding individuals in the following areas:

Lecturer in Musical Theatre

Ref: P0654

Salary: £20,700 - £29,622 pro rata

18.5 hours per week

The Performing Arts department is looking for an experienced professional to teach on its Musical Theatre programmes. Working with students in both Music and Performing Arts the successful candidate would play a key role in the rehearsal and production process of performances. Knowledge and experience of the industry is essential. The successful candidate will hold or be willing to work towards a recognised teaching qualification.

Lecturer in Business Management (Higher Education) Ref: P0653

Salary: £20,700 - £29,622 pro rata

18.5 hours per week

MidKent College is looking to recruit an exceptional candidate with an innovative and enthusiastic approach to contribute to the teaching of a range of Higher Education Business Management programmes. The successful candidate will have excellent communication skills and working knowledge of the Further/Higher Education sector, and hold or be willing to work towards a recognised teaching qualification.

Closing date: Wednesday 19 August 2009

MidKent College is working in partnership with RBLI Employment Solutions to support individuals who have a disability or health condition in the application, interview and employment with the college. If you would like any further information regarding RBLI, or require assistance with your application process then please contact RBLI on 0800 783 1144 or visit their website www.rbli.co.uk for information, advice and guidance.

The College is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. Any offer of employment is subject to a Criminal Records Bureau check in accordance with the College procedure.

Application forms and further details are available from www.midkent.ac.uk. Alternatively, please e-mail job.applications@midkent.ac.uk. For individuals without access to e-mail or the internet please call the HR department on 01634 884402 (24 hour answer machine). In all communication with the College please quote the appropriate job title and reference number.

MidKent College is an equal opportunities employer



Career Opportunities

Canterbury College is an equal opportunities employer



Canterbury College is a Further and Higher Education College in the heart of Kent. Our goal is to be one of the best FE Colleges in England by 2010. We have 9,000 students across 300 courses and enjoy an enviable reputation as a great place to learn. Our brand new £50M Campus is also home to nearly 800 staff and we have some great career opportunities which may be right for you.

Coordinator Theatre Production Arts across Levels 1,2 and 3 courses in Dance and Dramatic Arts

09/35

18.5 hours per week, salary starting at £27,209 pro rata per annum.

Lecturer Physics

09/45

37 hours per week, salary range £18,387 - £26,363 per annum.

Lecturer Health & Social Care

07/81

18.5 hours per week, salary range £18,387 - £26,363 pro rata per annum.

Lecturer Play Work/Early years

09/41

18.5 hours per week, salary range £18,387 - £26,363 pro rata per annum. One year fixed term post.

Temporary Lecturer Animal Care and Veterinary Nursing

08/42

37 hours per week, salary range £18,387 - £26,363 per annum. Fixed term post to cover maternity leave not to exceed one year.

Lecturer Animal Care and Land Based

01/144

18.5 hours per week, salary range £18,387 - £26,363 pro rata per annum.

Lecturer Key Skills

07/30

37 or 2 x 18.5 hours per week, salary range £18,387 - £26,363 per annum (pro rata for part time posts).

Lecturer Electrical Installation

09/26

37 hours per week, salary range £18,387 - £26,363 per annum.

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S/HE/GD

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International Manager

08/111

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College Receptionist

R1

22.25 hours per week, salary starting at £15,085 pro rata per annum.

Night Cleaners

09/22

5 posts, 20 hours each per week, salary £6.42 per hour. Temporary posts to cover maternity leave not to exceed 12 months.

The closing date for the above posts is Monday 03 August 2009 at 12 noon

For an information pack please visit www.canterburycollege.ac.uk or call the Human Resources Office on 01227 811282 (24 hr answerphone) quoting the above reference.

Staff benefits include:

- Pension & Life Assurance Scheme
- Proximity to main bus & train stations
- Close to City Centre

- Sports Hall & Gym
- Generous Holiday Allowance
- Staff Discount Scheme

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An application has been made to Kent County Council to grant an approval for the following premises to act as a venue for the solemnisation of civil marriages and civil partnerships:-

Name of Premises: **The Marquis at Alkham, Alkham Valley Road, Dover**

Applicant: **Ben Walton**

The application and plan of the premises may be inspected at the address below during normal office hours. Any person may give notice in writing of an objection to the grant of an approval, together with the reasons, within 21 days from the date of this newspaper. Objections should be sent to the address below.

Giles Adey
Head of Registration
First Floor, Invicta House
Maidstone, Kent, ME14 1XX



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CRICKET

BY GLENN PEARSON

Kent League Division One

Sandwich Town 1st XI v Tenterden 1st XI

SANDWICH Town lost a nail-biting game on the penultimate ball as Tenterden scraped home by four wickets at the weekend.

The home side batted first and were soon in trouble at 86 for 3 with Craig Snell (22), David Scoggins (10) and Stuart Smith (22) all back in the pavilion.

Tyler Griffin was proving difficult to get away, recording tidy figures of 2 for 19.

A partnership of 92 between Vishaul Singh and David Draper helped steady the ship for Sandwich as they went on to score 204 for 4 from their 50 overs.

Singh finished with an unbeaten 85 from 86 balls, while Draper fell four runs short of a deserved half-century.

In reply, Tenterden looked to be struggling at 37 for 2 after Craig Snell had bowled Tim Curteis (11) and Craig Spanton had Nick Hall caught for 13.

Ben Price's 43 stemmed the tide before Christopher Vernon and Tamir Chanda put on 71 for the fourth wicket.

Vernon hit 52 before he became Spanton's second wicket, while Chanda remained unbeaten on 54.

His knock proved invaluable as a couple of late wickets brought Sandwich back into the game, but the visitors managed to scrape home with a ball to spare.

Sandwich pipped with a ball to spare by Tenterden



SO CLOSE: Sandwich (bowling) came agonisingly close to beating Tenterden, only to be thwarted on the penultimate ball

LOCAL CRICKET ROUND-UP

KENT LEAGUE DIVISION ONE

Canterbury 1st XI v Hythe 1st XI

A STUBBORN batting performance from Hythe denied Canterbury a win at the weekend.

The home side were bowled out for 194 in the final over with Donald Carter (67 not out) and Luke Samarasinghe (54) the stand out performers for Canterbury, while Jago Pearson and Dan Furnival each claimed three wickets apiece.

In reply, Samarasinghe proved the partnership breaker as several Hythe batsmen got starts, but were unable to push on. They eventually finished on 143 for 7 as Canterbury earned a winning draw.

Canterbury

		Runs
Matthew Jenkinson	ct Butler b Patching	15
Luke Samarasinghe	b Pearson	54
Paul Steer	ct Morgan b Dwyer	19
Donald Carter	not out	67
Russell Griffiths	ct Perkins b Pearson	10
Justin Macvicar	ct Butler b Furnival	20
Chris Jay	ct Butler b Pearson	4
Tim Wren	run out	0
Stuart Drakeley	c & b Furnival	1
Damian Minter	ct Sibley b Furnival	0
Ben Cooper	run out	1
Extras	(2lb 1nb)	3
Total	(all out, 49.5 overs)	194

Bowlers

	0	M	R	W
Ben Dwyer	11	0	34	1
Daniel Patching	12	0	38	1
Jamie Hemphrey	4	0	27	0
Patrick Owen	4	0	27	0
Jago Pearson	10	0	32	3
Dan Furnival	8.5	0	31	3

Hythe

	Runs	
Leon Morgan	ct Samarasinghe b Minter	4
Christopher Sles	b Samarasinghe	13
Sam Butler	ct Steer b Macvicar	22
Dan Furnival	ct Jay b Cooper	16
Jon Smith	ct Jay b Cooper	26
Daniel Patching	ct Wren b Samarasinghe	3
Richard Perkins	b Samarasinghe	8
Ben Dwyer	not out	36
Jago Pearson	not out	0
Patrick Owen	did not bat	
Jamie Hemphrey	did not bat	
Extras	(2lb 5w 8nb)	15
Total	(7 wickets, 50 overs)	143

Bowlers

	0	M	R	W
Damian Minter	6	0	28	1
Tim Wren	15	0	31	0
Justin Macvicar	3	0	9	1
Ben Cooper	8	0	26	2
Luke Samarasinghe	11	0	21	3
Stuart Drakeley	7	0	28	0

KENT LEAGUE DIVISION FOUR

Old Elthamians 1st XI v Walmer 1st XI

WALMER'S middle order failed to come to the party as they lost to title-chasing Old Elthamians by five wickets.

Jared Bond hit 69 at the top of the innings for Walmer, but the rest of the batting line-up failed to fire with the top score being just 12. The visitors were bowled out for a below-par 143 as Dylan de Beer and Edward Thorogood claimed seven wickets between them.

De Beer then went on to hit an unbeaten 73 for Old Elthamians to see them home. Andrew Cotton and Barry Green each took two wickets, but their efforts were in vain.

Old Elthamians

		Runs
Jared Bond	lbw b Thorogood	69
Andy Birkett	ct Driscoll b Green	10
Joe Wilcox	ct Nash b Carey	1
Mark Parnell	ct Matthews b De Beer	6
Graeme North	c & b Nash	4
Andrew Cotton	lbw b De Beer	4
Paul Holiday	ct Green b De Beer	2
Edwin Cowlishaw	lbw b Thorogood	9
Barry Green	Thorogood	12
Peter Huntley	ct Pearse b Thorogood	5
Eoin McGrath	not out	0
Extras		21
Total	(all out, 49.1 overs)	143

Bowlers

	0	M	R	W
Amman Samsodeen	5	1	22	0
Blaine Carey	9	6	10	1
Jack Green	6	2	13	1
Calum Nash	8	1	29	1
Dylan de Beer	14	5	25	3
Edward Thorogood	7.1	0	27	4

Walmer

	Runs	
Rob Kennedy	ct Parnell b Green	0
Daniel Driscoll	b Green	3
Dylan de Beer	not out	73
Edward Thorogood	lbw b Cotton	24
James Pearce	ct Holiday b Cotton	14
Calum Nash	run out	19
Dan Moore	not out	0
Blaine Carey	did not bat	0
Amman Samsodeen	did not bat	
Jack Green	did not bat	
Charlie Matthews	did not bat	
Extras	(0)	0
Total	(5 wickets, 33.4 overs)	147

Bowlers

	0	M	R	W
Paul Holiday	11.4	2	26	0
Barry Green	5	1	34	2
Andrew Cotton	6	1	26	2
Peter Huntley	6	1	37	0
Edwin Cowlishaw	5	1	10	0

KENT LEAGUE DIVISION ONE

Folkestone 1st XI v Whitstable 1st XI

A half-century from Ashok Kadam helped Folkestone overcome Whitstable at Cheriton Road in a nail-biting finale.

After bowling the visitors out for 131 with Essex all-rounder Ryan ten Doeschate recording figures of 5 for 16, it looked pretty easy for the home side, but they too found runs hard to come by.

Kadam anchored the innings with 67 while wickets fell either side of him, including ten Doeschate for just 10.

However, an unbeaten 11 at the end from Stuart Graham spared their blushes as the won by one wicket.

Whitstable

		Runs
Max Campbell	ct Graham b ten Doeschate	20
Tom Richardson	lbw b Kadam	0
Sam Denly	b Cullen	59
Jake Guinan	ct Kadam b Cullen	14
Stuart Sinclair	st Graham b Cullen	2
James Loader	st James b ten Doeschate	6
Byron Gould	lbw b ten Doeschate	0
Ben Trott	run out	8
Josh Gould	b ten Doeschate	1
Duncan Hardy	b ten Doeschate	0
Jason Logan	not out	1
Extras	(7b 6lb 5w 2nb)	20
Total	(all out, 50 overs)	131

Bowlers

	0	M	R	W
Michael James	8	1	24	0
Ashok Kadam	15	4	20	1
Ryan ten Doeschate	10	2	16	5
Thomas Cullen	10	0	28	3
Andy Bray	7	0	30	0

Folkestone

		Runs
David Miles	lbw b Logan	2
Nick Graham	b Logan	15
Ashok Kadam	ct Richardson b Loader	67
Ali Bray	ct Denly b Hardy	8
Ryan ten Doeschate	ct Gould b Hardy	10
Laurence Ward	b Sinclair	1
Andy Bray	ct Richardson b Gould	1
Thomas Cullen	b Hardy	4
Michael James	b Loader	9
Stuart Graham	not out	11
Liam Hark	not out	11
Extras	(2b)	2
Total	(9 wickets, 48.4 overs)	132

Bowlers

	0	M	R	W
Jason Logan	6	1	26	2
Duncan Hardy	15	2	38	3
Josh Gould	15	6	25	1
Stuart Sinclair	7	0	23	1
James Loader	5.4	0	18	2

SCOREBOARD

Sandwich Town

	Runs
Craig Snell ct Daking b Griffin	22
David Scoggins ct Chanda b Griffin	10
Stuart Smith lbw b Hall	22
Vishaul Singh not out	85
David Draper ct Hall b Chanda	46
Robert Goatham not out	3
Rhys Jones did not bat	
Gavin Lawrence did not bat	
Craig Spanton did not bat	
Matthew van Poppel did not bat	
Jack Bradley did not bat	
Extras (2b 8lb 6nb)	16
Total (4 wickets, 50 overs)	204

Tenterden

	Runs
Tim Curteis b Snell	11
Nick Hall ct Goatham b Spanton	13
Christopher Vernon ct Jones b Spanton	52
Ben Price ct Bradley b Draper	43
Tim Chanda not out	54
Ben Daking lbw b Spanton	0
Daniel McDonald run out	11
Tyler Griffin not out	9
Andrew Crawford did not bat	
Simon Bessant did not bat	
Mark Baker did not bat	
Extras (3b 4lb 7nb)	14
Total (6 wickets, 49.5 overs)	207

Bowlers

<tbl_struct



RETURN: Town's Tom Adlington

Transfer business is already done and dusted for Porter

HYTHE Town manager Scott Porter believes he has finished his transfer business for the summer after four players agreed to sign for the club last weekend.

Buster Beaney, Marcus Hodges, Scott Puntor and Adam Hooper have all committed themselves to the Kent League club, while Joe Bullard has stepped up from the youth side, completing Porter's squad for the new season.

The new Town boss is delighted to get everything in place early, although he hasn't ruled out making a move if the right player became available.

He said: "I have my squad now, everything's come together all at

FOOTBALL

once. Obviously if someone pops up I will have to speak to the chairman, but we are all excited with what we've got.

"We're happy with everything – if we stick with what we've got, most areas are covered."

Winner

After scoring five against Hollands and Blair and Lydd Town last week, Hythe tasted defeat in pre-season for the first time when they lost 1-0 to Sittingbourne on Saturday.

Hythe created the best chance of

a tight first half. Lee Winfield and Pat Kingwell combined to set Aiden Purseglove through on goal, but after rounding the goalkeeper he saw his shot cleared off the line.

Hythe had Tom Adlington returning to strengthen the defence after his holiday.

The full-back could do nothing about Sittingbourne's winner a minute after the interval, when Ben Yiadom's low finish beat Danny Twyman.

Town had another tough test on Monday when they played Ramsgate. Log on to www.yourshepway.co.uk for the report.

Tomorrow a Hythe XI play New Romney, kick-off is at 7.45pm.

CATCH OF THE DAY



It's a mixed bag as wind fails to settle

By TONY HILLS, a keen beach and boat angler with 50 years' experience fishing Dungeness and District and vice-chairman of the Dungeness Angling Association

OCTOBER weather is still with us with south westerly winds up and down like a yo-yo.

If we do get a settled spell (more summer) the mackerel will return when the water clears. The reports last week were mostly bass to 4lb, eels, the odd sole and loads of whiting as well as the infamous 'weed' fish.

With the tides 'cutting' the target this week should be sole.

PIRATE SPRINGS AND LITTLESTON: The best we can hope for this week is a mixed bag of 'bits', but if the wind goes south east we could pick up some more bass. You never know what might turn up – at least it is quiet.

BACK OF THE BOATS: The EA road to the point will still be one of the top spots with a south westerly breeze, with smaller tides and less weed we could see more sole.

DUNGENESS: Well I got it wrong last week, (unless someone wants to tell me of their success) no decent codling, only small 'chats', but the bass have made up the difference. This week with small tides the point should fish nicely through low water.

DENGEMARSH & GALLOWAYS: Again sole would be my target at Dengemarsh. We could also find some mackerel at Galloways if the water clears.

JURY'S CAP: Evening high tides should offer the best chance, eels should be about with mixed 'bits'. It's been quiet down there so if anybody has any information, let me know.

BOAT FISHING: It can be difficult in these weather conditions, but Dave Robinson from Faversham showed me a fine brace of bass last week, caught on rough ground fairly close in aboard a boat out of Dungeness. Again there should be more black bream about (the best scrap you can have on light tackle) along with the bass. Wrecks should be worth a visit on these small tides. Rough ground out deeper could also produce codling.



UP FOR IT: Former Gillingham winger Nicky Southall (left) has signed for Dover on a one-year deal who recorded a win 2-1 against Wycombe with Frannie Collin scoring (above)



Whites' Conference test excites new boy Southall

AFTER a productive 18-year career in the Football League, former Gillingham winger Nicky Southall is excited by the challenge of Conference football with Dover Athletic.

The 37-year-old midfielder completed his move to Crabble on Saturday, by putting pen to paper on a one-year deal at the club.

Southall, who is a close friend of Dover boss Andy Hesson, brings a wealth of experience to the side after spells at Bolton Wanderers, Gillingham and Nottingham Forest.

Southall is not the first former Football League player to join the club and follows in the footsteps of Alan Pouton, Jon Wallis and Sammy Moore.

FOOTBALL

■ BY TOM HOWARD

Despite dropping down into non-league football, Southall is relishing the challenge ahead.

He said: "I am glad to have put pen to paper because it has been a few weeks of not knowing what was going to happen.

"I spoke to Andy and came down here to keep fit, but I have really enjoyed it and he has sold the club to me. I spoke to the chairman and the club is moving in the right direction and I want to be a part of that."

"It is different, the club is not in the Football League and the grounds we will go to will be smaller. However, Dover is moving in the right

direction and all the lads want to train in the right way and be professional about it, which is refreshing to see.

"I am looking forward to the new season, but I will have to earn the right to play just like everyone else in the squad."

Dover's pre-season form picked up on Saturday with a hard-fought 2-1 win against Peter Taylor's Wycombe Wanderers.

Frannie Collin and Shaun Welford scored the goals for the Whites.

Meanwhile, Hesson is hopeful of adding former Gillingham and Ramsgate defender Danny Walder to his squad after impressing during pre-season.

The Whites play their final friendly before the new league season begins at home to Ryman Premier League side Cray Wanderers on Saturday.

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